

# DATA SHEET

## AMAZONIAN YELLOW PITAHAYA OF PALORA

### Nutritional Value

|               |         |
|---------------|---------|
| Energy Value  | 54 Kcal |
| Carbohydrates | 15 g    |
| Fat           | 0.4 g   |
| Protein       | 1.2 g   |
| Crude fiber   | 0.8 g   |
| Phosphorus    | 16 mg   |
| Vitamin A     | 5 ug    |
| Vitamin C     | 8 mg    |
| Niacin        | 0.36 mg |

### Characteristics

The yellow pitahaya, also known as the Yellow Dragon Fruit, is a plant that develops in the Amazonian tropical climates of Ecuador, with an ovoid shape, elongated from 10 to 15 cm in diameter, has yellowish skin, the pulp is white with numerous and small black seeds, their weight ranges from 350 gm to 450 grams.

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### PERIODO DE COSECHA

Three important harvest periods are established:

- ◇ December to March
- ◇ October to November
- ◇ May to June

### PACKAGING

The fresh fruit (degree of maturity and size agreed with the client) is packed in cardboard boxes, in which the number of units and the net weight are detailed. Each box will contain 5 to 7 units of the fruit, with a net weight of 2.5 kg per box.

### Calibers

5-6-7-8-9-10-11-12

### Degree of maturation

0-1-2-3-4-5-6



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