



# SPA THERAPY

Inspired by the raw, pure essence of ancient Africa.



## Our African Journey

Africa, a land of giant baobab and marula trees, vast savannahs and deserts where aloe, rooibos and Kalahari melon grow wild. African locals, with their ancient cultures and traditions, long ago discovered the power packed into nature.

Inspired by this raw, pure essence of the ancient African earth, our signature plant-based botanical synergies remind us that nature is a great healer.

We invite you on a luxurious African Journey to experience our range of aromatic, earthy and rejuvenating products.



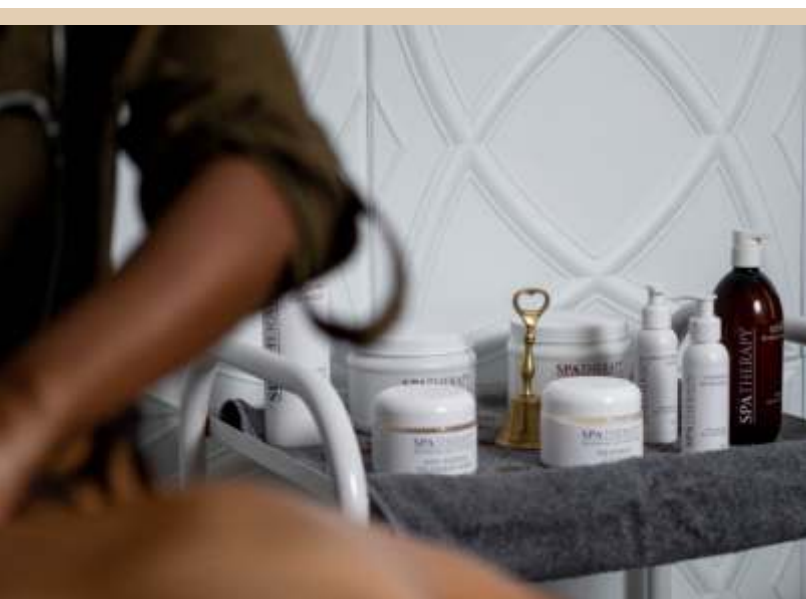


## Aromatic Synergies of Africa

Nature offers genius solutions when it comes to health and wellness. At Spa Therapy, we incorporate the finest aromatic extracts into our formulations for the ultimate sensorial awakening.

Natural African seed extracts of baobab oil, high in vitamins and omegas, and known as one of the best natural anti-oxidants, features throughout the range.

In addition, African extracts of marula oil, Kalahari melon, rooibos and aloe ferox are included in our products.





# Our Key African Ingredients

## Baobab Seed Oil

- deeply nourishing.
- naturally rich in minerals and vitamins.
- ideal to restore and re-moisturise the skin.
- promotes healthy hair.

## Kalahari Melon Seed Oil

High in both essential fatty acids and natural Vitamin E.

- easily absorbed into the skin and hair.
- conditions and moisturises.
- promotes elasticity and repairs cells.

## Rooibos

- contains antioxidants that help to reduce inflammation in the skin and neutralize free radicals.

## Marula Seed Oil

- lightweight oil rich in essential fatty acids.
- conditions dry/dehydrated skin.
- anti-ageing.
- anti-oxidants.
- anti-inflammatory.

## Aloe Ferox

- natural moisturiser.
- keeps skin hydrated.
- anti-inflammatory.
- promotes skin cell regeneration.
- repairs damaged skin.



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# The Spa Therapy Experience

Spa Therapy offers aromatic, earthy and rejuvenating treatment experiences that are complemented by bespoke Take-Home Journeys centred on holistic wellness and a sense of well-being. We offer the ultimate aromatic spa experience. The range includes a unique selection of signature plant-based botanical synergies blended with high quality natural seed oils that promise to take your clients on a journey of well-being where time stands still.

## The Journey

Spa Therapy is synonymous with holistic well-being; a journey towards wellness of mind, body and soul that is inspired by the aromatic synergies of Africa. We have travelled across borders to search for the best that this continent has to offer and blended these unique, healing botanicals into our spa formulations for the ultimate sensorial awakening.

Customise the spa experience with our range of body conditioning items that will ensure mind, body and soul rejuvenation. Spa Therapy allows clients to continue their spa experience at home.



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# BODY CARE



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# Our Signature Botanical Synergies

Nature offers genius solutions when it comes to health and wellness.

Take your clients on a wellness journey with our unique selection of signature plant-based botanical synergies that continually reminds us that nature is our greatest healer. Our high quality emulsifying synergies are blended with natural plant-based oils, including fractionated coconut and jojoba.



## BODY RELAX BOTANICAL SYNERGY

Tired and exhausted muscles are soothed and brought back to life with our Body Relax Botanical Synergy. Indulge your senses with this herbal blend containing notes of marjoram and mandarin.

## BODY UPLIFT BOTANICAL SYNERGY

This grounding, nurturing synergy will help you to take a moment away from daily chaos to refocus and restore. The blend contains notes of grapefruit and orange blossom. This blend is safe to use during pregnancy.

## BODY BALANCE BOTANICAL SYNERGY

Balance and replenish with this restorative blend of ylang-ylang, geranium and clary sage when life throws challenges your way. The Body Balance Botanical Synergy will be your support and rescue.

## BODY DETOX BOTANICAL SYNERGY

Feel refreshed and revitalised with this exquisite blend of juniper berry, fennel and rose geranium. The Body Detox Botanical Synergy is ideal to kickstart a healthy living program and is especially suited for the removal of toxins in the body.

## BODY CALM BOTANICAL SYNERGY

Quieting the mind and accessing peace are modern-day challenges. Our Body Calm Botanical Synergy is blended to ease restless minds, shrug off daily fatigue, ease anxiety, stress and ready you for undisturbed, restorative sleep. A subtle blend of chamomile, sandalwood and vetivert.



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# Body Care Retail Range

Luxurious products aimed at promoting relaxation and well-being.



## INDULGENT BODY CREAM

Indulgent and ultra-nourishing body cream.



## INSTANT COOLING GEL

Refreshes and soothes fatigued and swollen legs and feet.  
Calms sensitized or sunburnt areas.



## EXOTIC BODY POLISH

Foaming body exfoliator gently buffs away dry skin to reveal exceptionally smooth skin.



## TONING BODY SERUM

Assists in reducing subcutaneous fluid retention and toxic accumulations. Circulation is improved.  
Skin will appear firmer within just a few days' use.



## HAIR & SCALP REPAIR

Nourishing hair and scalp treatment, replenishes both lipids and moisture. Hair conditioning properties impart natural sheen and ensures a healthy scalp.



## SOOTHING MUSCLE RELIEF

Soothes muscular aches and pains, and muscular stiffness due to over-exertion. Helps stimulate micro-circulation, thereby reducing muscular tension.



# Body Conditioning Range

Spa Therapy offers a range of body products for the ultimate in skin conditioning and for a unique spa experience.

## HAIR & SCALP BALSAM

Elevate your treatment sessions to include a scalp massage that incorporates this invigorating and stimulating balsam. This item can be used as an overnight hair masque treatment and is ideal for clients suffering from flaky scalp.



## CACOONING BODY MASK

Indulge your skin with the luxurious cocooning body mask that is perfectly complemented by the inclusion of the botanical synergies.

## MINERALISING BODY SALTS

Soothe the senses with the Mineralising Body Salts that are rich in magnesium sulphate crystals, ideal for relaxation and tired feet.

## EMULSIFYING MASSAGE BUTTER

This massage butter contains shea butter and mafura butter to provide excellent control when massaging muscles and can be customised with the addition of the botanical synergies.

## BODY GEL EXFOLIANT

Prepare the skin before the start of any spa experience or hand and foot treatment with the Body Gel Exfoliant that will leave the skin soft and hydrated.

## BODY HYDRATE MOISTURISING LOTION

This ultra-moisturising body lotion is ideal to incorporate into customised spa treatments and will leave the skin smooth and supple.

## ANTI-OXIDANT CLAY MASK

This pink clay based dry powder contains kaolin and African Redbush for their cleansing and anti-oxidant properties. Ideal for customised body wraps and hair masks.

## BODY BALM EXFOLIANT

This emulsifying exfoliant is ideal to use for back exfoliation as the cactus sugars dissolve with the addition of water, allowing for swift and easy removal.

## SILK RENEWAL BODY GEL

This ultra-hydrating and firming body gel is suitable for body wraps and is applied after the exfoliation and aromatic massage.

## DETOXIFYING CLAY MASK

Formulated with bentonite, activated charcoal and volcanic ash, this clay-based dry powder offers outstanding detoxifying benefits. Ideal for customised body wraps and hair masks.



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# FACE CARE



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# Face Care Retail Range



A luxurious retail range that contains natural fragrance oils and active compounds of the plant or herb from which they are derived, thereby reducing stress, improving skin health, and promoting relaxation.



## HYDRATING MOISTURISER

A lightweight, easy to absorb moisturiser, with naturally sourced African ingredients, rich in antioxidants and carefully designed to provide support to the skin structure, locking in moisture. This lipid replenishing formulation will keep the skin hydrated and deeply nourished promoting a smoother, softer complexion. Suitable for all skin types.



## FIRMING LOTION

An anti-ageing lotion packed with a concentrated dose of antioxidants that keeps the cellular membrane hydrated. Formulated to instantly tighten and firm the skin to restore a smooth and vibrant appearance. This Firming Lotion stimulates collagen and elastin production, resulting in a long lasting visible lifting and skin firming effect, resulting in younger looking skin.



## REVITALISING EYE LOTION

This hypo-allergenic, refreshing eye lotion contains Eyesyl® peptide which has proven efficacy in reducing puffiness and dark circles around the eyes. The Fision® Instant Lift content encourages a firming and toning effect on this delicate eye tissue. Results are noticeable within a few weeks.



## MULTI-ACTIVE EXFOLIATOR

A gentle 2-in-1 exfoliating treatment that contains apricot kernel granules as well as enzymatic extracts of papaya and pineapple, which help lift dead skin cells and brighten dull looking skin. This formulation contains African rooibos which is rich in antioxidants that assists in promoting cell renewal.



## ANTI-AGEING TREATMENT MASK

This creamy clay mask is an antioxidant-rich, anti-ageing treatment that protects the skin from oxidative stress caused by pollution and UV damage. It promotes cell regeneration while leaving the skin feeling nourished and soft. Suitable for dry and mature skin.



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# Face Care Retail Range



## CELL RENEWAL COMPLEX

Inspired by mother nature, this powerful antioxidant complex helps protect the skin against free radicals during the day and provides support to skin cells at night when it is most receptive to accelerated cell turnover. It contains organically derived plant extracts of African baobab, marula and Kalahari melon which help to repair, promote tissue regeneration, restore and strengthen the skin. Suitable for all skin types.



## BRIGHTENING SERUM

A light, complex liposomal serum, rich in powerful antioxidants, is suitable for all skin types. The inclusion of arbutin, a glycosylated hydroquinone extract, which is an effective tyrosinase inhibitor, this serum will prevent the formation of melanin production, while assisting in brightening skin tone and therefore creating an even toned complexion.



## CREAM CLEANSER

A purifying gentle Cream Cleanser which contains marula oil, baobab oil and naturally derived plant extracts of rooibos that help leave the skin feeling soft and conditioned after cleansing. Suitable for normal to dry/mature skin types, it effectively removes impurities, leaving the skin clean and hydrated.



## GEL CLEANSER

This Gel Cleanser contains jojoba oil which nourishes whilst cleansing, breaking down the excess sebum produced by the skin. The addition of naturally derived plant extracts of rooibos, a super antioxidant will soothe irritated inflamed skin. This cleanser is formulated to clear clogged pores and remove dead skin cells, makeup and pollutants. Suitable for normal/combination to oily skin.



## BALANCING TONER

This Balancing Toner contains pure aloe ferox and with the addition of natural plant extracts of rooibos, this antioxidant rich combination will soothe the skin. It is formulated to remove make-up and impurities from the skin, whilst reducing dryness and oiliness. It also gently refines pores leaving the skin feeling refreshed and radiant. Suitable for all skin types.



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## Ingredient Safety

Our promise is to always conduct ourselves ethically when it comes to our product offering and the safety of ingredients incorporated into our formulations.

Clients can indulge their senses with complete peace of mind knowing that Spa Therapy is sustainably sourced, cruelty-free and kind to the environment.



## Exclusivity and Profitability

As a brand that is loyal to the spa industry, Spa Therapy offers high quality, yet affordable products and treatments that are highly profitable to business owners and spa therapists.

Our products are produced locally in South Africa and our pricing is fair and ethical.

The Spa Therapy brand is well established and the product range is growing. It has been used for many years locally and internationally on cruise liners where we offer service and products of the highest quality.

Customised treatment options can be designed to create a standard menu, a unique customised menu, or a deluxe menu offering.

Treatment costings are available on request.



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## Our Commitment to Sustainability

At Spa Therapy, we believe in utilising everything that nature has to offer, from the seeds to the delicate extraction of the botanical oils; nothing should be wasted. Our products are organic, vegan-friendly and made from ingredients that are locally sourced.

We support small business and local producers of natural, naturally derived and organic essential oils and base products. Our products are locally produced and our pricing is fair and ethical. Spa Therapy is committed to recycle and re-use, and we aim to make our footprint as small as possible.



## Empowering Local Communities

To create transformation and job opportunities in rural areas, local communities have started various upliftment projects. One of these initiatives is to gather the fallen African rosewood seeds and sell them. Precious rosewood tree seeds break off and fall to the forest floor where they go to waste. Through this project, communities are able to provide for their families and honour the environment.

## Environmental Responsibility

Spa Therapy supports the incorporation of ingredients from renewable sources that are used in our bespoke spa experiences. Our vision is to continually support community upliftment through fair, sustainable trading and wild harvesting of ingredients.



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Contact us to become a stockist or for information on additional products in the Spa Therapy range.


# SPATHERAPY

## CONTACT DETAILS

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