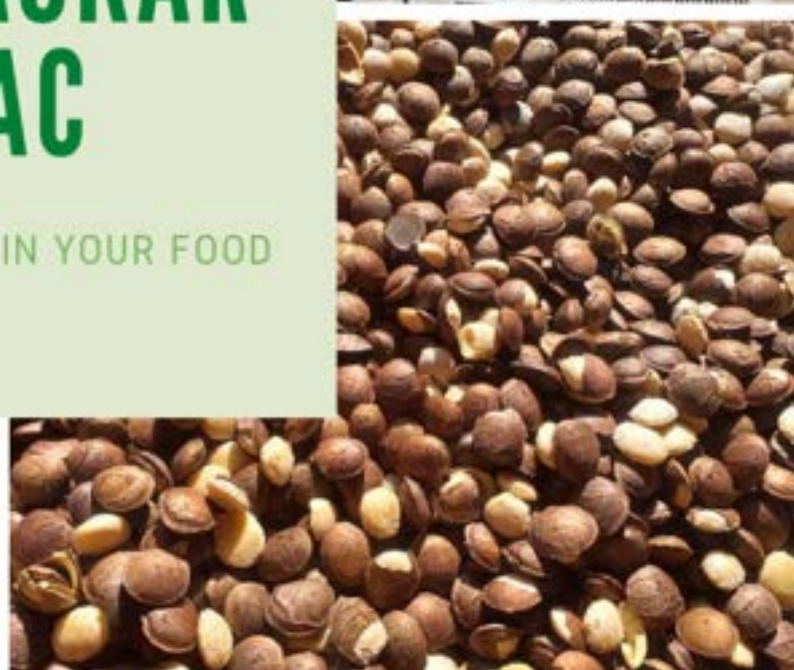




SUPPLIERS/EXPORTERS OF
SUPER FOODS FROM PERU

NAMASKAR SAC

HIGH QUALITY IN YOUR FOOD



Mision

To be a trustworthy and innovative global leader in providing genuine organic/ conventional True Wellness products and solutions for conscious, healthy living.

Vision

To be a Vehicle of Consciousness in the global market by creating an holistic, sustainable business modality, which inspires, promotes and supports True Wellness and respect for all Beings and for Mother Nature.

Why Namaskar S.A.C



100% ORGANIC

We offer 100% organic as well as conventional products



COMPETITIVE PRICES

Our prices are unmatched for the quality we offer



QUALITY SUPPLY

We have best quality control in place.



TIMELY DELIVERY

We offer most efficient Sea and Air transportation.



Fresh Fruits

List of products

- Avocado
- Blue Berry
- Lucuma
- Passion Fruit
- Camu Camu
- Golden Berries
- Aguaje Fruit
- Peruvian Mandarin Oranges
- Asparagus
- Mango Edward
- Mango Kent
- Grapes
- Pomegranate

Avocado

This naturally nutrient dense fruit provides nearly 20 vitamins, minerals and other nutrients with relatively few calories. They are sodium and cholesterol free and they contain the same good fats as nuts and olive oil.

Minimun Order Quantity: 1 FCL



Blueberry

Fresh Peruvian bluberries are available for export from September to March. Dried Blueberries are available all year. Dark in colour and rich in flavour, Blueberries are an antioxidant rich 'superfood.' These healthy berries are ready to eat, versatile and great for cooking.

Minimun Order Quantity: 1 FCL



Lucuma

This starchy fruit is high in iron, niacin or vitamin B3, carotenoids, potassium, sodium, calcium, magnesium and phosphorus. Lucuma powder can be easily added to smoothies or used in desserts such as puddings, creams, cakes, cookie, etc...

Minimun Order Quantity: 1 FCL





Camu Camu

Camu camu berries come from the Amazon rainforest and are being promoted for their antioxidant power and purported anti-viral properties. They are said to help treat herpes, shingles, and the common cold. The berries do provide antioxidants.

Minimun Order Quantity: 1 FCL

Passion Fruit

This sweet but tart fruit salad dressing complements many different combos of greens, and it's quick to make in the blender. Try it with a strawberry spinach salad or with a pear and blue cheese salad.

Minimun Order Quantity: 1 FCL



Golden Berries

Eating golden berries is nearly as good as taking a multivitamin – maybe even better. One serving of dried golden berries provides an astonishing 45% of your daily value of vitamin A, as well as vitamins C, B1, B2, and B6. The same single serving includes a 6% daily serving of iron.

Minimun Order Quantity: 1 FCL

Aguaje Fruit

Aguaje is the fruit of the *Mauritia flexuosa*, a species belonging to the family of the *Arecaceae* also known as buriti, moriche, canangucha or miriti. This plant, very similar to a common palm tree, is widespread in Central and South America.

Minimun Order Quantity: 1 FCL



Mandarin Oranges

The Mandarin orange, also known as the mandarin or mandarine, is a small citrus tree (*Citrus reticulata*) with fruit that looks like other oranges. Mandarin oranges are usually eaten plain or in fruit salads.

Minimun Order Quantity: 1 FCL



Asparagus

This popular vegetable comes in a variety of colors, including green, white and purple. It's used in dishes around the world, including frittatas, pastas and stir-fries. Asparagus is also low in calories and packed with essential vitamins, minerals and antioxidants.

Minimun Order Quantity: 1 FCL



Mango Edward



Their sweet and rich flavor with limited fibers make them perfect for juicing and drying. When choosing a ripe Edward mango, look for yellow undertones, dots starting to cover the fruit, and a slight give when you squeeze it.

Minimun Order Quantity: 1 FCL

Mango Kent

The green-skinned Kent mango originated from Florida in the 1940s, but now is mostly harvested in Mexico, Ecuador, and Peru. Their sweet and rich flavor with limited fibers make them perfect for juicing and drying.

Minimun Order Quantity: 1 FCL



Grapes

Color: Spghtly Bright Dark Red

Shape: Round, Average Capber: 24 - 28mm

Presence of seeds: Yes

Brix degrees: 15 - 18 °

Observations: Firm skin, crunchy and fleshy pulp.

Minimun Order Quantity: 1 FCL



Pomegranate

The variety of Peruvian pomegranate called “wonderful” is the most well-known exported variety of pomegranate, and is famous for its deliciously sweet taste and attractive red colour.

Minimum Order Quantity: 1 FCL





Super Grains & Powders

List of products

- Black Chia Seeds
- Black Quinoa
- Red Quinoa
- White Chia Seeds
- Tri-Colored Quinoa
- Canihua
- Black Chia Seeds Powder
- White Quinoa Powder
- Black Quinoa Powder
- Red Quinoa Powder
- Quinoa Puffed
- White Quinoa

Black Chia Seeds

They are an excellent source of omega-3 fatty acids, rich in antioxidants, and they provide fiber, iron, and calcium. Omega-3 fatty acids help raise HDL cholesterol, the "good" cholesterol that protects against heart attack and stroke.

Order Quantity: Variable



Black Quinoa

Black quinoa is one of the three most widely cultivated and available varieties of quinoa, the others being white and red. Black quinoa is earthier and sweeter-tasting than white quinoa and maintains its black color when cooked. As with all quinoa varieties, it's also gluten-free.

Order Quantity: Variable



Red Quinoa

Red quinoa (which takes on a brownish hue when cooked) has a richer taste, slightly chewier texture, and somewhat nuttier flavor compared to white quinoa. It's often the quinoa of choice for cold salads as it holds its shape better during cooking.

Order Quantity: Variable



White Chia Seeds



Chia seeds are great for athletes because they are highly hydrophilic, meaning they can absorb large amounts of water. They can hold 10 times their weight in water making them a great enhancer in hydrating our bodies.

Order Quantity: Variable

Tri-Colored Quinoa

It is an especiality of Peru. All the three quinoa Red, black and white are mixed in a balanced proportion to give it a marvelous texture and taste. Tri-color quinoa (red, yellow, and black) was once called “the gold of the Incas” for increasing the stamina of Inca warriors.

Order Quantity: Variable



Canihua

Just when you'd got the hang of pronouncing quinoa (keen-wa if you're still not complete sure), come along its superfoody cousin canihua – or kaniwa - aka baby quinoa. Equally as a high in protein but higher

Order Quantity: Variable



Black Chia Seeds Powder

Chia seeds are praised as a superfood for their high dietary fiber content, along with omega-3 fatty acids. As some seeds should be ground to release these nutrients, you may wonder whether you should grind chia seed or can get the benefits while eating them whole.

Order Quantity: Variable



White Quinoa Powder

Quinoa is one of the world's most popular health foods. Quinoa is gluten-free, high in protein and one of the few plant foods that contain all nine essential amino acids. It is also high in fiber, magnesium, B vitamins, iron, potassium, calcium, phosphorus, vitamin E and various beneficial antioxidants.

Order Quantity: Variable



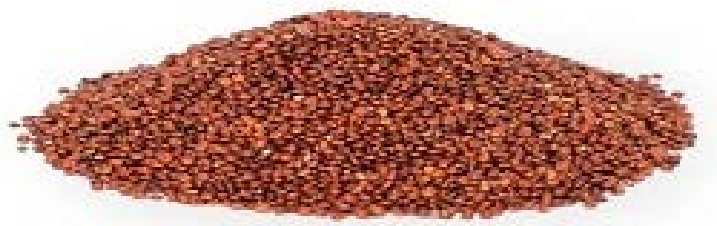
Black Quinoa Powder

Black Quinoa flour is an excellent choice for those looking for healthy twist on standard baked goods such as breads, pancakes and waffles. You can substitute this flour for half of the all-purpose flour in many recipes, or completely replace wheat flour in cakes and cookie recipes.

Order Quantity: Variable



Red Quinoa Powder



Quinoa is one of few plant foods that provides a complete protein source with all nine essential amino acids. This makes puffed quinoa an excellent post-workout snack when served alongside fruit or as a topping for Greek yogurt.

Order Quantity: Variable

Quinoa Puffed

Quinoa puffs give you all the benefits of quinoa in a crispy snack. Just add milk and enjoy; no cooking needed. Puffed quinoa also makes a crunchy addition to yogurt, oatmeal and granola bars.

Order Quantity: Variable



White Quinoa

White Quinoa is an excellent choice for those looking for healthy twist on standard baked goods such as breads, pancakes and waffles. You can substitute this flour for half of the all-purpose flour in many recipes, or completely replace wheat flour in cakes and cookie recipes.

Order Quantity: Variable



Nuts & Oil

List of products

- Chilean Almonds
- Chilean Walnuts
- Chilean Walnut Kernels
- Brazil Nut
- Raw Sacha Inchi
- Roasted Sacha Inchi With Salt
- Chia Seed Oil
- Sacha Inchi Oil
- Brazil Nut Oil

Chilean Almonds

Chilean Almonds are considered to be the best almonds. The almond is an edible seed that grows on the tree 'Prunus dulcis', more commonly called the almond tree. There are at least twenty-five varieties of almonds and they can be divided into ten main types.

Order Quantity: Variable



Chilean Walnuts

Chilean walnuts are grown in a special environment. Due to its natural barriers, Chile is considered a very rich country in terms of plant health. The Andes in the east, the Pacific Ocean in the west, the Atacama desert in the north and Antarctica in the south.

Order Quantity: Variable



Chilean Walnut Kernels

Chilean Walnuts Kernels are grown in a special environment. Due to its natural barriers, Chile is considered a very rich country in terms of plant health. The Andes in the east, the Pacific Ocean in the west, the Atacama desert in the north and Antarctica in the south.

Order Quantity: Variable





Brazil Nut

Brazil nut, *Bertholletia excelsa*, is a tropical evergreen in the family Lecythidaceae grown for its edible seeds (nuts). The brazil nut tree is very large with a long straight trunk which is 1–2 m (3.3–6.6 ft) in diameter.

Order Quantity: Variable

Raw Sacha Inchi

Sacha Inchi is a great plant source of protein providing the crucial amino acids that our bodies need for numerous functions. These amino acids are the building blocks of healthy lean muscle.

Order Quantity: Variable



Roasted Sacha Inchi With Salt

Sacha inchi is a climbing shrub plant that grows mostly in the Amazon region, especially in Peru (this remains the source with the highest quality) where it has been eaten by the indigenous people for centuries.

Order Quantity: Variable



Chia Seed Oil

This naturally nutrient dense fruit provides nearly 20 vitamins, minerals and other nutrients with relatively few calories. They are sodium and cholesterol free and they contain the same good fats as nuts and olive oil.

Order Quantity: Variable



Sacha Inchi Oil

Chia seed is considered the richest botanical source of omega-3 fatty acids found in nature, offering more than flax seed or fish oil. These fatty acids work to encourage a more plump look to the skin. They also help maintain moisture levels, which reduces the appearance of fine lines and wrinkles

Order Quantity: Variable



Brazil Nut Oil

Mighty Brazil nuts are packed with nutrients known to improve the health of your skin and hair. So naturally, we work with the best in the business to ensure our products are enriched with top-quality Brazil nut oil. Producing skin-smoothing brazil nut oil is quite a journey!

Order Quantity: Variable





Fresh/Dried Berries

List of products

- Blueberry
- Raspberries
- Blackberries
- Golden berries
- Acai Berry

Blueberry

Fresh Peruvian blueberries are available for export from September to March. Dried Blueberries are available all year. Dark in colour and rich in flavour, Blueberries are an antioxidant rich 'superfood.' These healthy berries are ready to eat, versatile and great for cooking.

Minimum Order Quantity: 1 FCL



Raspberries

Raspberries are the edible fruit of a plant species in the rose family. These sweet, tart berries have a short shelf life and are harvested only during the summer and fall months. For these reasons, raspberries are best eaten shortly after purchasing.

Minimum Order Quantity: 1 FCL

Blackberries

Blackberry, usually prickly fruit-bearing bush of the genus *Rubus* of the rose family (Rosaceae), known for its dark edible fruits. They are a fairly good source of iron, vitamin C, and antioxidants and are generally eaten fresh, in preserves, or in baked goods such as cobblers and pies.

Minimum Order Quantity: 1 FCL





Golden Berries

Peruvian golden berry exports nearly doubled year-on-year in the months through September, with the exotic fruit reaching a total of 35 markets.

Eating golden berries is nearly as good as taking a multivitamin – maybe even better.

Minimun Order Quantity: 1 FCL

Acai Berry

The acai berry is an inch-long, reddish-purple fruit. It comes from the acai palm tree, which is native to Central and South America. People eat acai berries to address various health conditions. Some cosmetics and beauty products include acai oil because of its antioxidants.

Minimun Order Quantity: 1 FCL





List of products

- Fresh Ginger
- Dried Split Ginger
- Garlic
- Raw Turmeric

Fresh Ginger

Ginger not only adds delicious flavor to food — it's also full of nutrients. People have been using the root for cooking and healing for thousands of years. Today, people still consider ginger a natural way to soothe an upset stomach, and there's research to back up its health benefits.

Order Quantity: Variable



Dried Split Ginger

It is available fresh and dried, as ginger extract and ginger oil, and in tinctures, capsules, and lozenges. Foods that contain ginger include gingerbread, cookies, ginger snaps, ginger ale, and a wide variety of savory recipes.

Order Quantity: Variable



Garlic

The Peruvian garlic season for exports runs from September to January. There are usually some small volumes available in July and September, but we don't participate in that, due to the fact that the grades are generally quite small.

Order Quantity: Variable



Raw Turmeric



Turmeric is the spice that gives curry its yellow color. It has been used in India for thousands of years as a spice and medicinal herb. Recently, science has started to back up what Indians have known for a long time. It has powerful anti-inflammatory effects and is a very strong antioxidant.

Order Quantity: Variable



List of products

- Black Eye Beans
- Black Beans
- Pinto Beans
- Pigeon Beans
- Mung Beans
- Baby Lima Beans
- Frijol Canario
- Val Beans

Black Eye Beans

While black eye beans are high in carbohydrates, they are in the form of resistant starch and fiber, which are digested slowly and can provide health benefits. Enjoy black eye beans in all kinds of dishes, from burritos to brownies.

Order Quantity: Variable



Black Beans

Black beans are high in carbohydrates, but they are also rich in fiber (both soluble and insoluble). Black beans also do not contain sugar. Instead, they have slowly-digested carbohydrates and resistant starch.

Order Quantity: Variable



Pinto Beans

Pinto beans are beige with reddish-brown specks when dried but become a solid light brown or pale pink when cooked. They have an earthy, almost nutty flavor and are simple to prepare. They're regularly eaten whole or mashed.

Order Quantity: Variable



Pigeon Beans



Pigeon peas are small, round to oval, mostly cherry-red colored seeds in the legume family. However, they come in other color variations like yellow, brown, variegated, etc. Pigeon beans are high in carbohydrates, but they are also rich in fiber (both soluble and insoluble).

Order Quantity: Variable

Mung Beans

The mung bean, alternatively known as the green gram, maash, or moong, is a plant species in the legume family. The mung bean is mainly cultivated in South America, East Asia, Southeast Asia and Indian subcontinent. It is used as an ingredient in both savory and sweet dishes.

Order Quantity: Variable



Baby Lima Beans

Phaseolus lunatus, commonly known as the lima bean, butter bean, sieva bean, Double Bean or Madagascar bean, is a legume grown for its edible seeds or beans

Order Quantity: Variable



Frijol Canario

Peruvian Frijol Canario are considered the King of Beans by Latin chefs because of its smooth texture and rich buttery flavor. They are a main ingredient in Peruvian cooking. They are high in carbohydrates, but they are also rich in fiber (both soluble and insoluble).

Order Quantity: Variable



Val Beans

Val Beans are the seeds from flowering plants in the Fabaceae family and are classified as legumes. They usually grow in pods, which are capsules with several beans inside. These pods or capsules develop from flowers. Other legumes include peas, peanuts, and lentils.

Order Quantity: Variable



Flakes & Pops

List of products

- Amaranth Flakes
- Kaniwa Flakes
- Quinoa Flakes-Yellow, Red, Black
- Quinoa Pop-White, Red, Black

Amaranth Flakes

Amaranth seeds are deliciously combined with oats, brown rice, corn, barley and rye to deliver a good source of iron in this low fat, organic cereal. Our Excellent Quality Organic Amaranth Flakes have a Delicious Light, Mild Flavour.

Order Quantity: Variable



Kaniwa Flakes

Kaniwa (pronounced kah-nyee-wah), is a whole grain. Like quinoa, kaniwa is actually a seed and not a grain, so it's gluten-free. Dry kaniwa looks very much like a small, auburn brown quinoa. The grains are tiny, and look a little bit like teff. Cooked, it resembles, well, tiny grains of quinoa.

Order Quantity: Variable

Quinoa Flakes

Quinoa Flakes are rolled and then flaked, making them a quick-cooking, naturally gluten-free substitute for oats in hot breakfast cereals and baked goods. We offer best quality Black, Yellow and Red Quinoa flakes, in customized packing as well.

Order Quantity: Variable



Quinoa Pop



Nature's Superfoods Quinoa Puffs, through a careful process of extrusion, retains virtually all of the Quinoa grain's impressive nutrients including the protein level. Quinoa is also a good source of phosphorous, calcium, iron, magnesium, vitamin A, vitamin E and several of the B vitamins. It is naturally gluten-free, easy to digest and prepare.

Order Quantity: Variable



Cocoa & Cocoa Products

List of products

- Cocoa Liquor
- Cocoa Butter
- Cocoa Paste
- 90% Cocoa
- Cacao Nibs & Powder

Cocoa Liquor

Cocoa liquor is the base substance from which Cocoa is made. The Cocoa liquor contains cocoa solids and cocoa butter in fairly equal amounts. The liquor can be molded into raw Cocoa blocks or separated into cocoa butter and cocoa solids.

Order Quantity: Variable



Cocoa Butter

Cocoa butter is the edible, natural fat that makes up roughly half the content of dried cocoa beans. White or yellowish in colour, it has a wonderful rich flavour and is one of the key ingredients in the production of chocolate.

Order Quantity: Variable



Cocoa Paste

Cocoa paste is the natural product of ground nibs, which are drawn from the fruit of the Theobroma Cacao tree. Raw cacao paste (also called Cacao Liquor) is made by crushing raw cacao beans into a liquid. This liquid quickly solidifies at room temperature and the result is cacao paste.

Order Quantity: Variable



90% Cocoa



Dark 90% Cocoa Chocolate - luxury chocolate bar with a alluring, earthy aroma and profound cocoa flavour. Experience a treat for the senses with exceptionally rich yet thin chocolate bar with high cocoa content. Made with the finest ingredients, including sustainably sourced cocoa beans.

Order Quantity: Variable

Cocoa Nibs & Powder

Cacao nibs are cacao beans that have been roasted, separated from their husks and broken into smaller pieces. Cacao powder has long been enjoyed for its healthful and invigorating properties in Mexican, Central, and South American cultures.

Order Quantity: Variable





Powders- Fruit, Root & Seed

List of products

- Carob Powder
- Mesquite Powder
- Red Maca Powder
- Turmeric Powder
- Lucuma Powder
- Acai Powder
- Guarana Powder
- Purple Corn Powder
- Avocado Powder
- Cocoa Beans
- Camu Camu Powder
- Yellow Maca Powder
- Dried Black Maca Root
- Dried Red Maca Root

Carob Powder

A caffeine-free chocolatey substitute for the health conscious. Similar to Cacao powder but higher in fibre, with a naturally sweet flavour and mild taste. Our Carob Powder originates from the lands of PERU. Naturally Sweet.

Order Quantity: Variable



Mesquite Powder

Native to South America and the Southwestern United States, both the bark and the pods of the mesquite plant have been used for many, many years. Mesquite flour is both gluten free and high protein (about 11-17% protein), making it a good alternative for people looking to avoid gluten and white flours.

Order Quantity: Variable

Red Maca Powder

Maca has traditionally been employed to improve sexuality and fertility. Oral administration of Maca significantly improved the sexual behaviour of male rats and mice. Maca has a large amount of essential amino acids, vitamins and high levels of iron and calcium.

Order Quantity: Variable





Turmeric Powder

Turmeric is the spice that gives curry its yellow color. It has been used in India for thousands of years as a spice and medicinal herb. Recently, science has started to back up what Indians have known for a long time. Curcumin is the main active ingredient in turmeric.

Order Quantity: Variable

Lucuma Powder

Lucuma Powder is a great way to indulge, while at the same time keeping blood sugar in check. What's more, with nutrients not found in other sweetener options, you can feel good about incorporating it into your healthy diet.

Order Quantity: Variable



Acai Powder

The Acai (ah-sigh-EE) berry is quickly taking over other fruits as the new superfood of choice. Acai berry is the fruit from a special palm tree that grows in the Amazon River rainforest and tastes like a cross between blueberries and chocolate.

Order Quantity: Variable

Guarana Powder

Guarana (*Paullinia cupana*) is a plant that hails from the Amazon. Its many benefits include stimulant, anti-cancer, antibacterial, and weight loss effects. Because of the complexity of its constituents, it works in many ways.

Order Quantity: Variable



Purple Corn Powder

You can use our organic purple corn as an ingredient in desserts such as puddings, cupcakes, crepes, and others. Other uses of organic purple corn powder is to partially substitute other flours such as wheat.

Order Quantity: Variable



Avocado Power

100% pure avocado powder is produced at Organic way. Made from 100% avocados, is a fine, light and pure powder, containing essential vitamins such as Vitamins E, K, B2, and B3. It also contains a high amount of energy, fiber, and potassium without any additives.

Order Quantity: Variable



Cocoa Beans



Criollo beans are famous for their richness in secondary flavor notes, long flavor duration and a greater and more complex fat content. Because Criollo is lower in classic chocolate flavor, the beans are often mixed with Trinitario and or Forastero to create a delicate fine chocolate.

Order Quantity: Variable

Camu Camu Powder

Camu camu (*Myrciaria dubia*) is a type of fruit native to South America. The berries, which have a very sour flavor, are typically consumed in the form of blended juices or added to sweetened beverages and desserts rather than consumed as the whole food.

Order Quantity: Variable



Yellow Maca Powder

It is an herbaceous biennial plant of the crucifer family native to the high Andes of Peru. It is grown for its fleshy hypocotyl, which is used as a root vegetable and a medicinal herb. Its Spanish and Quechua names include maca-maca, maino, ayak chichira, and ayak willku.

Order Quantity: Variable



Dried Black Maca Root

Dried Black Maca Root is a cruciferous species classified as one of the Andean roots and tubers with the highest protein content. It is a plant native to the Peruvian Andes located between 3,800 and 4,500 meters above sea level.

Order Quantity: Variable



Dried Red Maca Root

Red maca is a root vegetable grown in the Peruvian Andes. It is well known for its ability to help enhance strength and endurance. Our Red Maca is grown at high elevations in areas untouched by pollution where it is sun-dried and low-temperature processed into a fine powder.

Order Quantity: Variable





Frozen/IQF fruits

List of products

- Blueberries IQF
- Custard Apple IQF
- Passion Fruit Pulp Freezed
- Lucuma Pulp Freezed
- Avocado Pulp Freezed
- Avocado Dice IQF
- IQF Raspberries
- IQF Blackberries

Blueberries IQF

Frozen Peruvian blueberries are available for export from September to March. Dried Blueberries are available all year. Dark in colour and rich in flavour, Blueberries are an antioxidant rich 'superfood.' These healthy berries are ready to eat, versatile and great for cooking.

Minimun Order Quantity: 1 FCL



Custard Apple IQF

It is used for preparing juice and flavoring ice creams. The offered apple pulp is hygienically packed without using any flavor and Color. We also avail this in customized packaging as per customers demand.

Minimun Order Quantity: 1 FCL



Passion Fruit Pulp Freezed

It has a fantastic yellow color and a delicious sweet and citrus flavor. Enjoy this amazing fruit pulp when preparing a variety of smoothies, juices, cocktails and cold desserts such as ice cream. Look for it in the frozen food section, along with the tasty variety of convenient Fruit Pulps.

Minimun Order Quantity: 1 FCL



Lucuma Pulp Freezed



It has a sweet flavor similar to a sweet potato but mixed with caramel, and it comes in a deep yellow color, perfect for preparing a variety of recipes, like smoothies, juices, and cold desserts like ice cream.

Minimun Order Quantity: 1 FCL

Avocado Pulp Freezed

To keep ripe avocados longer, we freeze them. Avocados are rich in nutrients, including healthy fats and fiber, as well as copper, potassium, folate, niacin, and vitamins B6, C, E, and K.

Minimun Order Quantity: 1 FCL



Avocado Dice IQG

Avocado is a delicious and popular fruit that's rich in healthy fats, vitamins, and minerals. When avocados are in season or on sale, it's tempting to stock up. However, ripe ones spoil quickly, turning brown and mushy.

Minimun Order Quantity: 1 FCL



IQF Raspberries

There's nothing like raspberries to brighten up a cold, dark January day. Of course, the fresh sort will be jet-lagged, scarily expensive and disappointingly flavour-free. But at this time of year frozen, preferably British, raspberries really come into their own.

Minimum Order Quantity: 1 FCL



IQF Blackberries

Fresh Peruvian blackberries are available for export from September to March. Dried Blackberries are available all year. Dark in colour and rich in flavour, Blackberries are an antioxidant rich 'superfood'. These healthy berries are ready to eat.

Minimum Order Quantity: 1 FCL



Tubers & Bulbs

List of products

- Potatoes
- Sweet Potato
- Yacon / Yuca
- Yacon Syrup

Potatoes

Potatoes grew in the Andean highlands of Peru, Bolivia and Chile as far back as 13,000 years ago. Around 7,000 years ago, people living in the Andes were growing potatoes, and praised the crop for its ability to grow in difficult climates.

Order Quantity: Variable



Sweet Potato

Today, sweet potatoes are seen by major organizations as a potential power player in the fight against international food insecurity. Their toughness and ability to grow in a wide variety of conditions makes them excellent options for growing food in regions where resources are scarce.

Order Quantity: Variable

Yacon / Yuca

Scientific name: *Smallantus sonchifolius*. Family: Compositae or esteraceae. Common names: Yacon, yacuma, aricoma, llacón. Plant native to the Andes, domesticated and consumed since pre-Inca times, precarious cultivation has been used by poor farmers for their own consumption.

Order Quantity: Variable



Yacon Syrup

Scientific name: *Smallantus sonchifolius*.

Family: Compositae or esteraceae.

Common names: Yacon, yacuma, aricoma, llacón. Plant native to the Andes, domesticated and consumed since pre-Inca times, precarious cultivation has been used by poor farmers for their own consumption.

Order Quantity: Variable





Herbs, Bark & Wood

List of products

- Palo Santo
- Muna
- Dragon Blood / Powder
- Cat's Claw Powder
- Algarrobina
- Boletus Luteus
- Oregano

Palo Santo

(*Bursera graveolens*) is used to expel negative energies and attract positive energies. Its aroma helps deepen spiritual moments of meditation and contemplation. Besides, it can also be used in bedroom for couples to have a more intimate, loving and happy time. Moreover, it can be used to purify the indoor air.

Order Quantity: Variable



Muna

Muña is a plant that grows in the regions of Ayacucho, Puno and Cusco and has a pleasant flavor often compared to mint. You can easily find muña growing in the Andes, where it is popularly served as an herbal tea alongside mate de coca. Muña also aids digestion and stomach pains and can treat intestinal infections and inflammation.

Order Quantity: Variable



Dragon Blood / Powder

Sangre de Grado, known as Dragon's Blood for its dark red sap, is a plant that grows between 1200 and 3000 meters in the Amazon of Peru. Sangre is used for douching for general purposes, and before and after childbirth. It makes the vaginal lining impervious to bacteria and yeast.

Order Quantity: Variable



Cat's Claw Powder



Uña de gato translates to Cat's Claw and is an herb that grows in the Amazon of Peru. Its common name refers to the curved thorns of this woody vine that look like claws. they contain high levels of alkaloids that activate the immune system, reduce inflammation, protect against tumor growth.

Order Quantity: Variable

Boletus luteus

Boletus Luteus has great gastronomical value and it is considered one of the most attractive kind of the Boletus fungi due to its intense sweet fruity flavor and its firm pleasant texture, which stands out in any food preparation.

Order Quantity: Variable



Oregano

It is an aromatic herb, which has the petioles, oval, and hairy green leaves with many scores, which are numerous drops of essential oil. The Peruvian oregano grown in temperate and Mediterranean climates naturally.

Order Quantity: Variable

