

A top-down view of a healthy meal on a dark surface. Two black plates are visible, each containing a portion of cooked quinoa, several strips of pan-seared salmon, and a side salad of arugula, cherry tomatoes, and sliced avocado. A whole avocado is also shown in the foreground. In the background, there are more ingredients like a lemon half and some fresh herbs. A silver fork and knife are placed near the plates. The overall lighting is soft, highlighting the textures of the food.

smart cooking

nutrición inteligente



27%

of consumers buy
healthier products now
than a year ago.

Source: World Health Organization



WE BELIEVE

in intelligent nutrition so
that you experience a healthy
life

THROUGH OUR
avocado based products

Avocado oils



AVOCADO

oil



BENEFITS

For your health



- 🥑 Avocado has high presence of omega 3, 6 and 9, which help our body in the metabolism of cholesterol, control of blood pressure and functioning of our brain among others.
- 🥑 It helps to prevent arteriosclerosis and cardiovascular diseases.
- 🥑 Due to its rich content of Vitamin E, a powerful antioxidant, it helps prevention of premature aging, thus keeping the skin soft and radiant.
- 🥑 It has a high nutritional value due to its abundance in vitamins A, B1, B2, B5 and lecithin.
- 🥑 As one of the foods with highest content of potassium, avocado products provide relief from heart and kidney disorders, anxiety, and stress. They also help enhance muscle strength, metabolism, and water balance.



nutritional
INFORMATION

INFORMACIÓN NUTRICIONAL

Tamaño por porción: 1 cucharada (10 ml)

Porciones por envase de 250 ml: 25

Cantidad por porción

Calorías: 85 / Calorías de grasa: 85

% VALOR DIARIO*

Grasa / Fat 9g	14%
Grasa Saturada / Saturated Fat 2g	10%
Grasa Insaturada / Unsaturated Fat 6,9g	
Omega 3 (Ácido Linolénico) 0,05g	
Omega 6 (Ácido Linolénico) 0,6g	
Omega 9 (Ácido Linolénico) 5g	
Grasa Trans / Trans Fat 0g	
Grasa Polinsaturada / Polynsaturated Fat 1g	
Colesterol / Cholesterol 0g	0%
Sodio / Sodium 0g	0%
Proteínas / Proteins 0g	0%
Carbohidratos / Carbohydrates 0g	0%
Azúcares / Sugars 0g	0%

* Porcentaje diario basado en una dieta de 2000 calorías.

** No es fuente significativa de fibra dietaria, Azúcares, Vitamina A, Vitamina C y Calcio.

variety of
FLAVORS

highlighting the taste
of
avocado



oleo HASS

avocado oil

Botellas

Botellas

Extra Virgen

☐ Chile

Ajo

☐ Oliva

Albahaca

☐ Romero

Balsámico

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Smart Cooking
PACKING

Bottle

X 250 ml

Packaging

X 12 units

oleo
HASS

smart
cooking

Suitable
FOR EVERYONE



100% Colombian

PRODUCT

Timely
DELIVERY



We support the

FARMERS

Without
INTERMEDIARIES



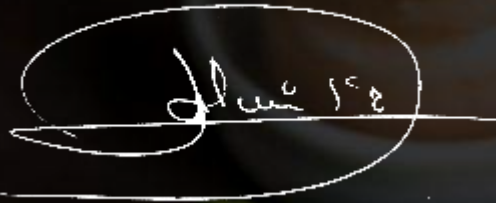
You are contributing to the
health of the

ENVIRONMENT

We are ready!

to offer you and your customers a nutritious
and delicious alternative

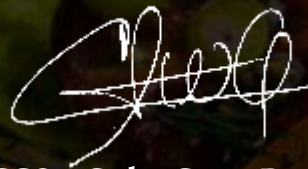
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