



Products & Services



OMETEOTL

IMPORTACION EXPORTACION S.A. DE C.V.



THE NATURAL

WE LOVE THE EARTH & ITS PRODUCTS



MISSION

To become an international company recognized for its values and product quality.

VALUES

Quality - Work

Service - Passion

Community - Fair Trade

FRESHNESS FROM THE FARM TO YOUR TABLE

All our products come from certified plants with all the documentation made available to our customers.

Thanks to our relationship with our producers it allows us to ensure that we can make the best product accessible to our commercial and independent partners.

With the strongest link in the cold chain. We make sure that the products are handled well and maintained properly.

We handle loading at adequate temperatures to keep our products always fresh.

We ship full container loads and deliver them door to door.

Our business is based on quality and always giving the best of our products.

We make sure to provide you with the best, freshest, highest quality product, that's our guarantee.



Our Products



PERSIAN LIMON

Also known as seedless lemon, it has become an icon crop in Mexico, where its excellent acid content, lack of seed and its larger size compared to the Mexican lemon.

FRUIT SEASON

January	July
February	August
March	September
April	October
May	November
June	December

FIGS

Figs are rich in minerals including potassium, calcium, magnesium, iron and copper and are a good source of antioxidant vitamins A and K that contribute to health and wellness. A 100g serving of dried figs provides approximately: 209 calories. 3.3g protein.

FRUIT SEASON

June	August
July	September



HASS AVOCADO

The Hass variety has an oil content that ranges between 8 and 12%. In addition, the proportion of water is low, only 60-70%. Its content of B complex vitamins and vitamin E is considerable.

FRUIT SEASON

January	July
February	August
March	September
April	October
May	November
June	December

WATERMELON

The fruit contains around 6% sugars and 90% water by weight. It is a good source of vitamin C like many other fruits.

FRUIT SEASON

March	July
April	August
May	September
June	





PAPAYA FORMOSA

It is known as a fruit for consumption, both directly and in juices and sweets and has magnificent properties to facilitate the digestion of foods that are difficult to assimilate, due to its high content of papain

FRUIT SEASON

January	July
February	August
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MANGO

Mango, in all its varieties, has large amounts of vitamin A, is low in calories and provides the body with antioxidants, vitamin C and vitamin B5.

FRUIT SEASON

February	July
March	August
April	September
May	October
June	November

PINEAPPLE

Among the medicinal properties of the fruit, the most notable is that of bromelain, which helps metabolize food. It is also diuretic, slightly antiseptic, detoxifying, anti-

FRUIT SEASON

January	June
February	July
March	October
April	November
May	December



TUNA

It is a food of great nutritional value, as it provides vitamins, minerals and proteins, it is juicy, healthy and with excellent properties for digestion due to the fiber contained in its seeds.

FRUIT SEASON

July	September
Auguster	



STRAWBERRY

Strawberries are high in fiber, vitamin C, antioxidants, potassium, folate, and minerals. It is one of the fruits with a lower number of calories. The consumption of this fruit helps to keep the skin hydrated;

FRUIT SEASON

January	July
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NOPAL

The fresh segments of this cactus contain around 90% water. The fruits, 12% of sugar and 6.75% of nitrogenous matters, in addition organic acids (about 0.10%).

FRUIT SEASON

January	July
February	August
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June	December

MELON CANTALUPO

It has a high percentage of water (90%), low in calories (34 per 100 g) and sodium (16 mg%) and almost 1 g of fiber.

FRUIT SEASON

February	June
March	August
April	September
May	



AMARANTO

The nutritional composition of amaranth has deserved it to be considered one of the 36 vegetables with the greatest nutritional potential for humanity, due to its richness in minerals and proteins.

FRUIT SEASON

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SOY

Soy has a high nutritional value, although it varies depending on whether it is present as soybean germ, raw grain or in soybean oil. Raw soybean provides 36 percent of vegetable protein and 416 calories per hundred grams.

FRUIT SEASON

January	July
February	August
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ALOE VERA DRINKS

Drink with pieces of Aloe Vera. Aloe Vera is full of antioxidants and has properties regenerative; It will help us detoxify the intestine and stimulate cell growth and wound repair.

SEASON

January	July
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June	December



BEE HONEY

Honey is a high energy carbohydrate rich in sugars, natural acids, minerals, amino acids, enzymes and other substances. It is incorporated into the bloodstream in 15 minutes, therefore it offers energy and well-being to the body.

- » It keeps you away from infections.
- » Accelerates the healing and
- » regeneration of the skin.
- » Improves digestive health.
- » Strengthen the system immunological

AGAVE HONEY

Agave honey increases the absorption of calcium and magnesium, thus helping to prevent osteoporosis.

It stimulates the growth of the intestinal flora and helps reduce the effects of diarrhea, gastritis and constipation.

Contains vitamins A, B, B2, C, iron, phosphorus, proteins and niacin, which allow to clean, drain and detoxify the veins and arteries.

CINNAMON

One of the medicinal benefits that cinnamon provides is that when there are abrasions on the tongue from eating or drinking hot things.

The cinnamon stick is sucked or licked to sedate the pain and heal the taste buds It should also be added that cinnamon has beneficial effects against diabetes and hypercholesterolemia



CHOCOLATE

Very Nutritious. Powerful Source of Antioxidants. Improve Blood Flow and Lower Blood Pressure. Raises HDL and Protects LDL From Oxidation.

Reduce Heart Disease Risk. Gives you happiness .Improve Brain Function.

Chocolate in different bars presentations 50-70-90 % Cacao pure Cacao or mixed with salt - chilly- mint - Berries - vanilla. And different sizes. Chocolate table bars



CACAO CRIOLLO

100% dust of Cacao criollo the origen of the cacao best flavor by far. - cacao nibs - cacao drink : granulated cacao with coconut - vanilla - & piloncillo (just blend it with water) delicious nutritive fresh drink



VANILLA

From Papantla Mexico (origen denomination vanilla) One of the medicinal benefits that cinnamon provides is that when there are abrasions on the tongue from eating or drinking hot things; the cinnamon stick is sucked or licked to sedate the pain and heal the taste buds



LEMON JUICE

Despite being acidic, lemon has the ability to neutralize excess acids in the stomach. It contributes, therefore, to the alkalization of the blood and the body in general.

Lemon juice is a powerful antioxidant.



AVOCADO OIL

Avocado oil is rich in fatty acids, mostly monounsaturated. About 60% of its composition is monounsaturated acids, mainly oleic acid, while 20% are polyunsaturated and the remaining 20% are saturated. It is completely devoid of cholesterol and has a percentage below 1% of linoleic acid.



FLOWER SALT

Contains less% sodium than other types of salt; hypertensive or diabetic people can consume it in small amounts.

Fleur de sel is the most complete salt in nutrients that exists on the market.



HABANERO PEPPER

Fresh & dust.

The presence of capsaicin in the composition of Capsicum chinense has allowed them to be highly valued in the diet of many people; In addition, they have a high contribution of vitamins A and C, magnesium, potassium, iron, niacin, thiamine and riboflavin, also having a reduced level of sodium.



COFFEE

High quality coffee, in different selections and varieties from different highlands of Mexico, we select for you the brand that adapts to your requirements.



NUTRITION BARS

We have a wide variety of nutritional bars, with high protein standards, all natural ingredients to give children and adults the daily ingredients to maintain strong mental and physical health.



FRUITS AND VEGETABLES FROZEN

Best quality frozen fruits

- Strawberry
- Blackberries
- Peach
- Pineapple
- Apple
- Mango

Different Vegetables

- Carrot
- Cauliflower
- Broccoli
- Pumpkins
- Peas



GRANULATED PILONCILLO

Nutritionally, it has a very high carbohydrate content, as well as B vitamins and abundant minerals, among which iron, copper and magnesium stand out. Its water content is low.

100% juice cane, with, kpshe certification

FINE FRESH HERBS



Fine herbs are a mixture of spices that is distinguished by its aromatic qualities and the perfect combination of flavors obtained from its ingredients.



BASIL

Its unmistakable aroma intoxicates just by touching the fresh leaves and provides a fresh, sweet and very penetrating flavor, much more tenuous in the dry spice format.



THYME

In addition to the pleasant flavor it brings to meals, thyme is a nutrient-rich herb. It contains a high content of fiber, which helps fight constipation and regulates intestinal transit.



TARRAGON

The culinary uses of tarragon are very wide, from flavoring in farces or fillings, to its fresh consumption in salads, it makes tortillas very delicious and it goes just as well with meats as with fish and seafood.



SAGE

Sage is an aromatic plant native to southern Europe and the Mediterranean region to which, since ancient times, numerous beneficial properties have been attributed to health

MINT

It is composed mainly by water, fiber, minerals such as calcium, potassium, copper or magnesium; and vitamins A, B, C and D.

Not forgetting that it barely has 0.03 grams of fat and 0.48 grams of carbohydrates, approximately.

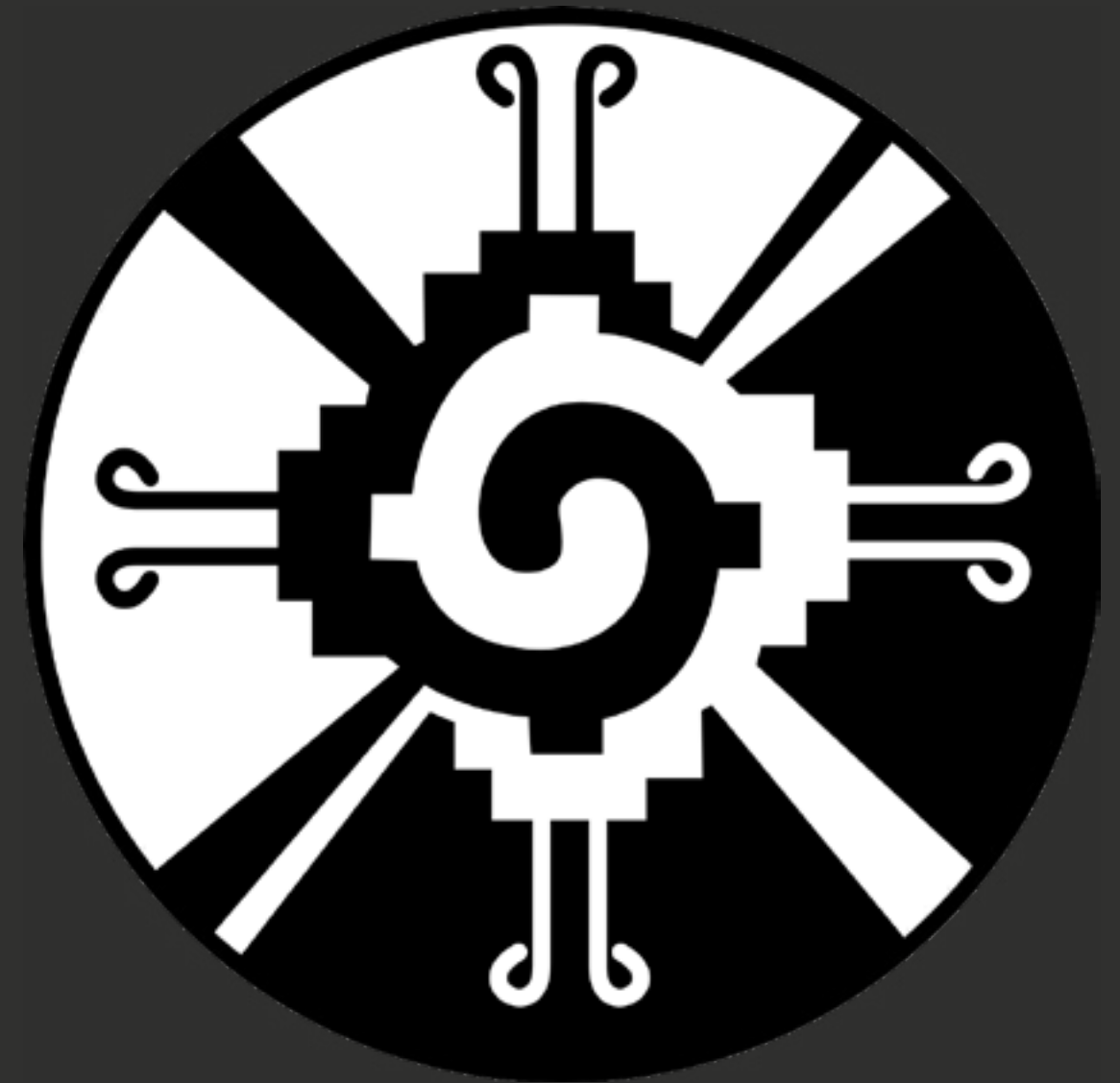
OREGANO

Oregano contains vitamins A, CE, and K, as well as fiber, folate, iron, magnesium, vitamin B6, calcium, and potassium. Additionally, oregano contains powerful phytochemicals that offer potential health benefits.



CHIVES

Chives are rich in vitamin K, C, and vitamin A, as well as calcium, and potassium, which bring various health benefits since consuming this vegetable regularly could help maintain the health of your eyesight.



In OMETEOTL your needs are our reason for existing, if you need a product and it is not here, please ask us, we can have it or find it for you.

Contact us

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Modulador de apetito y metabolismo