



SERVICES OFFERED

COMPLETE IMAGE CONSULTATION

Designed to accurately dress each client relevant to their colour tones, body structure, life/job function and goals. The consultation includes facial analysis (which informs your hairstyles, jewelry, sunglasses, hats & neckline), necklace placement, shoulder analysis, body analysis (which informs your selection of pants, skirts, suits & dresses), hip placement, make up tips, pattern sizes, and colour choices & combinations.

PERSONAL STYLING

Designed to assist clients with knowing their fashion personality, body analysis, accessorizing, textures & prints, colour choices & combinations, wardrobe planning, fashion trends and undergarments.

CLOSET EDIT

Designed to purge the client's closet of unflattering garments, shoes and accessories, and to re-align the wardrobe with selections in keeping with his/her new image goals and needs. The session includes wardrobe evaluation, fit factors, closet organization, accessorizing, mixing & matching, and de-cluttering.

WARDROBE PLANNING

Designed for clients who need help scheduling weekly outfits and packing for overseas trips (inclusive of conferences and events). This session consists of the creation of a style recipe, capsule planning, mixing & matching, and scheduling of outfits.

PERSONAL SHOPPING

Designed to achieve the polished look and a global perspective in appearance. Expert advice is given on the following: fit factors, fashion personality, body & line factors, price per wear calculations, capsule planning, and retail store personality.

EVENT STYLING

Designed to help clients gain access to expert fashion styling from pre-determined or newly-created wardrobes for parties, functions, photo shoots and other gatherings.



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Image by Anastasia Nicole is a full-service **Image Consultation Company** that offers a personalized service for working women and men. The outcome of these personalized sessions is a customized selection of the best fashion pieces based on body type, age, personal style goals and personal preferences. The company strives to ensure that ALL clients

Look Good. Always!

NICOLE ANASTASIA THOMAS is the Principal Consultant of **Image by Anastasia Nicole**.

She has always been fascinated by the world of style, beauty, makeup and image consulting. By the time she was a teenager, she was already actively styling her friends and family. Nicole recognized that many up-and-coming working professionals were concerned with their look and overall image, but lacked the necessary tools, time and skills to present themselves in the way they wanted. As such, she seized this opportunity to provide one-on-one trained image consulting to clients, which included freelancing as a stylist with local media personalities. In 2016, she lived a fashionista's dream when she flew to New York to be part of Fashion Week (NYFW) where she worked backstage as a Dresser/Stylist at 15 fashion shows - styling over 30 models and working with 15 top fashion designers.

Nicole holds a Certificate in Image Consulting from the Fashion Institute of Technology (FIT) in New York, a Bachelor of Arts in Marketing from Anglia Ruskin University, London, and a Specialization in Social Media Marketing from Northwestern University, Chicago. She is a former Boutique owner who is passionate about life, and even more passionate about fashion and her customers. Nicole describes herself as a self-motivated business professional with a diverse background in strategic planning, logistics, sales, marketing, social media marketing and communications. Being an excellent communicator, she effortlessly relates to and understands her clients' needs, wants and even apprehensions. This naturally easygoing sense of style leaves her customers assured they are in good hands with a trusted professional and friend.