

OUT WITH SUGAR, IN WITH DATES!

TEAR HERE



AL BARAKAH DATES™

ALL NATURAL

DATE SUGAR

سكر التمر



GLUTEN FREE • NO REFINED SUGARS • VEGAN

NET WT. 17.6 OZ (500g)

23
Kcal
PER
SERVING

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Date Sugar by Al Barakah Dates™ is made from 100% dates, which are ground into a powder, making it a perfect replacement for refined white and brown sugar. Pure and unrefined, with no artificial additives, it is a natural sweetener. Use date sugar as a healthy alternative for baking, cooking, sprinkling on cereals and yogurts, or adding to drinks and more.

Nutrition Facts

Usually 83 servings per container

Serving size 2 tsp (6g)

Amount per serving
Calories 23

	% Daily Value*
Total Fat <0.1g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 8mg	0%
Total Carbohydrate 90g	5%
Dietary Fiber 0.4g	1%
Total Sugars 69g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 17mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



INGREDIENTS:
Natural Dates

المكونات:
تمر طبيعي

PRODUCED BY:

Al Barakah Dates Factory LLC
P.O. Box 55961, Dubai, U.A.E.

صنع من قبل:
مصنع البركة للتمر ذ.م.م.
ص.ب. 55961، دبي، ا.ع.م.

Store in a cool and dry place
Product of United Arab Emirates

يخزن في مكان بارد وجاف
منتج الإمارات العربية المتحدة



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