# Essências Brazil 🏶

2024 Product Description



Discover the unique quality of Essências Brazil products Cultivated in the midst of exuberant nature and high quality water

# Essential Oils

#### 1 - Arventis Mint

Scientific Name: Mentha arvensis

Description:

Arventis Mint is commonly used as a local anesthetic, to treat intense itching of the skin, alleviate neuralgia, aid in the treatment of sinusitis, serve as a respiratory tract antiseptic, and reduce skin and scalp oiliness.

#### 2 - Cedar

Scientific Name: Juniperus virginiana

Description:

A woody balsamic aroma, slightly sweet that purifies the environment. Recommended for calming, stabilizing, and relaxing the mind. Activates the circulation of bodily fluids and balances the sebaceous glands. Effective against skin itching, helps in hydration and circulation of the skin. Not recommended for pregnant women.

## 3 - Cinnamon

Scientific Name: Cinnamomum verum

**Description:** 

Cinnamon oil has numerous benefits: it's analgesic, antiseptic, antibiotic, antispasmodic, aphrodisiac, astringent, carminative, emmenagogue, insecticidal, stimulant, tonic, and vermifuge.

### 4 - Citronella

Scientific Name: Cymbopogon winterianus

Description:

Citronella oil is commonly used in soap making, perfumery, as an insect repellent, and for aromatherapy. Studies have shown that citronella oil is a potent antifungal and antibacterial agent, and it has even demonstrated the ability to calm barking dogs. The essential oil of citronella is an excellent addition to personal care formulations.



## 5 - Clove

Scientific Name: Eugenia caryophyllus

Description:

Clove oil is highly versatile, used to alleviate painful procedures due to its anesthetic action, such as reducing toothaches, arthritis, or rheumatism pain. This oil has antibacterial and antifungal effects and can also be used as an insect repellent.

## 6 - Eucalyptus Citriodora

Scientific Name: Corymbia citriodora

Description:

A herbal aroma that softens and sweetens the environment. Recommended for energetic cleansing of spaces with high foot traffic, such as clubs and hotels. It has anti-inflammatory properties against muscle and joint pain. A potent mosquito and moth repellent.

## 7 - Eucalyptus Globulus

Scientific Name: Eucalyptus globulus

Description:

A camphoraceous aroma that softens and refreshes the environment. Recommended for strengthening breathing, focus, and assertiveness. It has expectorant and antiseptic properties. Effective in relieving flu symptoms such as fever and body aches.

#### 8 - French Lavender

Scientific Name: Lavandula angustifolia

Description:

A relaxing and tranquilizing aroma, calming the environment. Recommended for insomnia.

Antiallergic and antiseptic, effective against burns, wounds, and insect bites.



## 9 - Geranium

Scientific Name: Pelargonium gaveolens

Description:

A gentle and sweet floral aroma. Stimulates self-esteem and balances emotions. A potent skin regenerator, suitable for acne-prone skin. It has properties that regulate hormones and combat cramps. Alleviates breast and prostate pain, as well as PMS symptoms.

## 10 - Lemongrass

Scientific Name: Cymbopogon flexuosos

Description:

A calming aroma. Recommended against mental dispersion and exhaustion. It has vasodilator and hypotensive properties. Effective in renewing the sad and tired mind. A potent insect repellent and anti-inflammatory.

#### 11 - Patchouli

Scientific Name: Pogostemon cablin

**Description:** 

Patchouli oil is known for its antidepressant, anti-infectious, anti-inflammatory, carminative, and wound healing properties. It has various other benefits, serving as an excellent vascular tonic, assisting in the treatment of varicose veins, and being effective in treating eczemas and seborrheic dermatitis. Additionally, it acts as a moisturizer and emollient, particularly for cracked heels.

## 12 - Piperita Mint

Scientific Name: Mentha piperita

**Description:** 

A stimulating and refreshing herbal aroma. Recommended against irritation and mental fatigue. Invigorating, it leaves one alert and attentive. It has analgesic properties, combating joint and muscle pain.



### 13 - Rosemary

Scientific Name: Rosmarinus officinalis cineoliferum L

**Description:** 

An energizing herbal aroma that refreshes and perfumes the environment. Recommended against fatigue, it stimulates concentration and memory. A potent revitalizer, it brings joy and energy. It has potential respiratory decongestant properties.

## 14 - Sandalwood

Scientific Name: Amyris balsamifera

Description:

Sandalwood oil is an analgesic, sedative, and skin healing agent, useful for relieving sunburns, itching, cracked heels, and elbows. It moisturizes, rejuvenates tissues, softens, and regenerates mature skin, reducing signs of aging. It also treats acne and psoriasis.

### 15 - Sicilian Lemon

Scientific Name: Citrus limon

Description:

An energizing citrus aroma that enlivens the environment. Stimulates the body's natural defenses. It has properties that activate blood circulation and eliminate toxins. Antimicrobial, antiseptic, bactericidal, and disinfectant. Efficient in preventing vascular accidents.

### 16 - Sweet Orange

Scientific Name: Citrus x aurantium

Description:

It has a delightful aroma that brings joy to the environment. Recommended for treating restless, melancholic, nervous, and appetite-deprived children. It brings calm, relaxation, and stimulates appetite.



# 17 - Tangerine

Scientific Name: Citrus reticulata

Description:

A citrus, light, and relaxed aroma that brightens the environment. Recommended for treating anxiety, nervousness, and lack of appetite in children. It has properties that aid in digestion and regulate eating disorders. An antidepressant, it regulates the central nervous system.

Used for lymphatic drainage, it softens the skin and activates circulation.

### 18 - Tea Tree

Scientific Name: Melaleuca alternifolia Cheel

Description:

An aroma that refreshes, protects, and renews the environment. Recommended against infections and in wound healing. A potent immune stimulant against colds. It has bactericidal action. Also used as an astringent in aftershave lotions.

### 19 - Vetiver

Scientific Name: Chrysopogon zizanioides

Description:

Vetiver oil is known for its sedative and relaxing properties, balancing and purifying the central nervous system, strengthening the body, and warding off diseases. It improves blood flow, which can alleviate muscular pain. Vetiver Essential Oil has a healing effect on the skin, aiding in the recovery of cuts and wounds.

## 20 - Ylang-Ylang

Scientific Name: Cananga odorata

Description:

A sweet and delicate aroma that awakens sensuality and libido. Recommended for treating impotence and frigidity. It has anxiolytic properties, soothes irritation and bad mood. Not recommended for very sensitive skin.



# Vegetable Oils

#### 1 - Andiroba

Scientific Name: Carapa guianensis

**Description:** 

Andiroba vegetable oil renews dehydrated and dry skin, brings shine and softness to the skin, restores the health of the epidermis after being damaged, bitten by insects, and skin imbalance such as redness, minor wounds, and edemas.

2 - Argan

Scientific Name: Argania spinosa

Description:

Argan vegetable oil is widely used for anti-wrinkle facial treatments. For hair, it acts as a natural antioxidant (helps maintain hair color), moisturizer, anti-frizz, cuticle sealing, and shine.

It also has an anti-inflammatory effect on the scalp.

## 3 - Avocado

Scientific Name: Persea americana Mill — Lauraceae

Description:

Avocado vegetable oil has high nourishing power and is rich in vitamin E, A, and D. It is moisturizing, antioxidant, and healing. It helps reduce expression lines, accelerates healing, and leaves the skin nourished, soft, and flexible.

## 4 - Copaíba Resin

Scientific Name: Copaifera langsdorffii

Description:

Copaiba Resin vegetable oil has anti-inflammatory, antiseptic, antimicrobial, antitumor, and healing properties. It is recommended for combating inflammation, muscular or rheumatic pains, digestive problems, and respiratory problems, the latter because it is an excellent expectorant and mucolytic.



# 5 - Grape Seed

Scientific Name: Vitis Sp. — Vitaceae

Description:

Grapeseed vegetable oil has a high hydrating and nourishing power for the skin, anti-inflammatory function, can help accelerate the healing process, and aids in protecting the skin against damage caused by UVB radiation. For hair, it brings intense shine and silkiness, seals split ends, controls volume, facilitates styling, and provides a spectacular smoothing and conditioning effect. It produces an excellent smoothing and conditioning effect.

## 6 - Rosehip

Scientific Name: Rosa canina L.

Description:

Rosehip vegetable oil acts as a skin rejuvenator (improving the appearance of wrinkles and expression lines), in wound healing, as well as helping in the treatment of stretch marks. It is effective in treating acne scars and sun-induced spots, stretch marks, and scars.

## 7 - Sunflower

Scientific Name: Helianthus annus

Description:

Sunflower vegetable oil improves and maintains skin health, combats stretch marks and scars, protects the skin of newborns, and controls cholesterol. It is beneficial for hair, promoting primarily its hydration.

#### 8 - Sweet Almonds

Scientific Name: Prunus amygdalus var. dulcis

Description:

Sweet Almond vegetable oil can be applied to the skin, both on the face and body, as it aids in hydration, especially for drier areas such as knees, elbows, and feet, as it has moisturizing properties that help retain water in the skin, keeping it hydrated.

