

Catalyst Circle™

Lead Without Drama — Unleash the Extra Mile

Three Dimensions. One Powerful Circle.

Strategic mentoring and leadership development
for leaders who move from reactive patterns
to authorship, boundaries, and criterion.

By Mavy Gutiérrez

Neuroscience-based mentoring ecosystem

1 From the Drama Triangle to the Catalyst Circle

Catalyst Circle is a neuroscience-based mentoring and leadership-development ecosystem that helps leaders move from the Drama Triangle — reactive patterns, blame and dependency — toward authorship, boundaries and criterion.

2 The ecosystem

- 1:1 Mentoring — Mentor Circle, 12 sessions: a structured strategic mentoring process focused on the patterns that slow progress, decisions, and concrete actions.
- Live Bootcamps — intensive facilitated experiences for practical leadership movement.
- Online Courses — flexible learning paths for sustained application.
- Corporate Programs — leadership development designed for teams and organizations.
- Mentor Certification — a rigorous pathway for mentors who want tlo work with the Catalyst Circle method.

3 Why is important?

- McKinsey — Reactive executives operate at only 60-70% of their effective capacity.
- Gallup —Bottlenecks caused by poor delegation can cost organizations the equivalent of 3-7% of an executive's total compensation.
- Deloitte — Replacing a senior executive can cost between 50% and 213% of their annual salary.

4 Founder

Mavy Gutiérrez — Board & Strategic Advisor.
20+ years in marketing, EdTech and organizational leadership across LATAM.

Catalyst Circle“

Start the conversation

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