

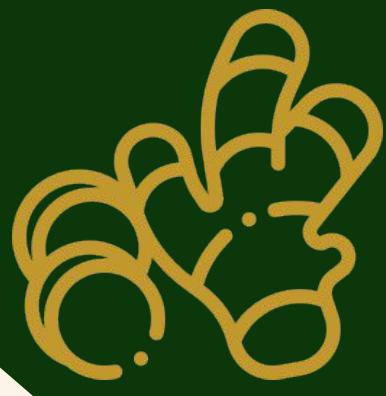
GRANO



COMPANY



“Nurturing Sustainable lives”



About Us

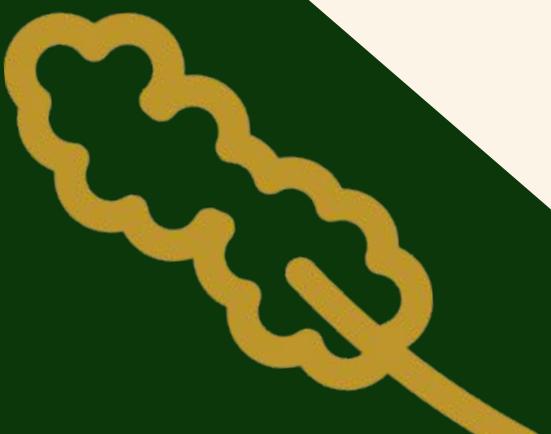
Grano Company, where we are on a mission to "nurture sustainable lives".

we are a Peruvian company dedicated to provide native products that are carefully selected, ensuring that every product we offer represents the very essence of our beautiful country.

Our commitment to quality, sustainability, and community empowerment sets us apart, ensuring that when you choose Grano Company, you are not only choosing exceptional products but also investing in a brighter, more sustainable future for all. Join us in our journey as we continue to nurture sustainable lives

Our Products

- Superfoods
- Beans and Pulses
- Spices





★ **Quinoa *Chenopodium Quinoa Will.***

This product is cultivated mainly in the Andes, cereal of great nutritional value. It provides high content of protein, rich in carbohydrates, fiber and minerals.



Varieties:

- ❖ White
- ❖ Red
- ❖ Black
- ❖ Multicolor

Presentation:

- ❖ Quinoa grains
- ❖ Quinoa powder
- ❖ Quinoa pop
- ❖ Quinoa flakes

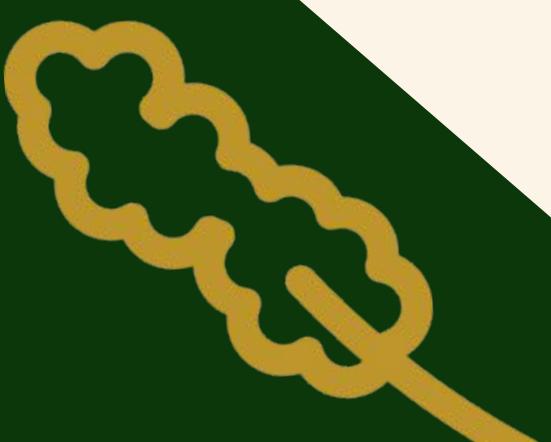
★ **Amaranth *Amaranthus Caudatus***

It contains high level of essentials amino acids (lysine, one of the most important), vitamin and minerals. Gluten free



Presentation:

- ❖ Grains ❖ Powder ❖ flakes





★ Chia Seeds *Salvia Hispanica L.*

Chia is an excellent source of fiber, Omega 3, antioxidants, proteins and calcium.



Presentation:

- ❖ Chia seeds
- ❖ Chia Powder

★ Maca *Lepidium Meyenii*

This product has high nutritional value, an excellent source of amino acids, minerals, vitamins. Great energizer and hormonal regulator, contains high amounts of potassium.

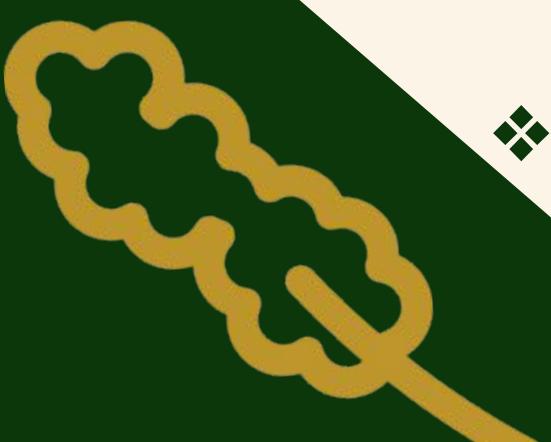
Presentation:

- ❖ Raw Maca powder
- ❖ Maca Gelatinized
- ❖ Maca slices



Varieties:

- ❖ Yellow
- ❖ Red
- ❖ Black





★ **Cocoa** *Theobroma cacao.*

Known as the "food of the Gods", contains high levels of proteins, antioxidants and minerals. It's a natural antidepressant and aphrodisiac, it contains phenylethylamine, which generates a happiness sensation, theobromine, which produces positive effects on our memory and concentration and reduce stress levels.

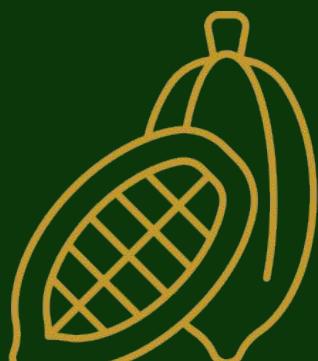
Varieties:

- ❖ Criollo
- ❖ Chuncho



Presentation:

- ❖ Cocoa beans
- ❖ Cocoa Nibs
- ❖ Cocoa Butter
- ❖ Cocoa Powder
- ❖ Cocoa Liquor



★ **Giant Corn** *Zea mays.*



Giant Corn is a cereal produced in the Sacred Valley of the Incas from the Cusco Region. Highly energetic and very rich in digestible nutrients, contains great source of proteins, vitamins A, B, E and many minerals. Well known for its grains of great size

Sizes:

- ❖ Extra Grade:
- ❖ 1st Grade
- ❖ 2nd Grade



Presentation:

- ❖ Raw
- ❖ Peeled

★ **Coffee** *Coffea*

Coffee is a source of healthful antioxidants, contains essential nutrients as Riboflavin (vitamin B2), Pantothenic acid (vitamin B5), manganese and potassium, magnesium and niacin (vitamin B3). It is low in sodium and potassium.



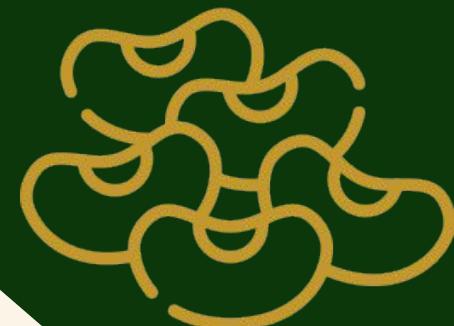
Varieties:

- ❖ Green
- ❖ Roasted





Beans & Pulses



★ Black eye Beans

Vigna Unguiculata (L.) Walp.

These beans are a good source of several important micronutrients such as: Folate, copper, thiamine, and iron. It contains plenty of fiber and protein.

Sizes:

- ❖ 460-480 grains/100g
- ❖ 480-500 grains/100g



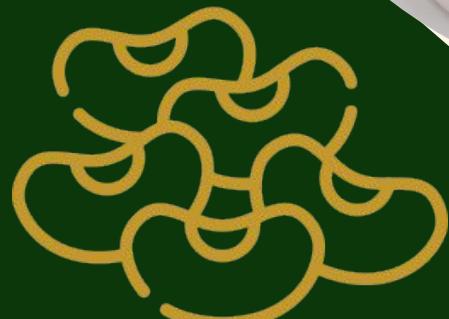
★ Baby Lima Beans *Phaseolus Lunatus Lt.*

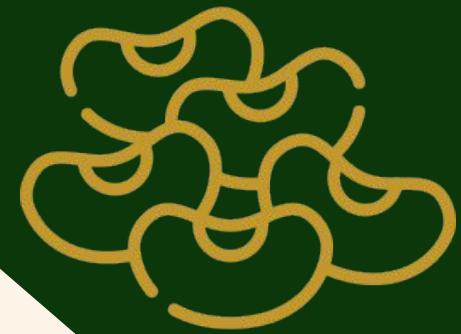
It contains high level of essentials amino acids (lysine, one of the most important), vitamin and minerals. Gluten free



Sizes:

- ❖ 220-240 grains/100g





★ Large Lima Beans

Phaseolus Lunatus Lt.

It contains high level of essentials amino acids (lysine, one of the most important), vitamin and minerals.

Sizes:

- ❖ 40/45 grains/ 100g
- ❖ 45/50 grains/ 100g
- ❖ 50/55 grains/ 100g



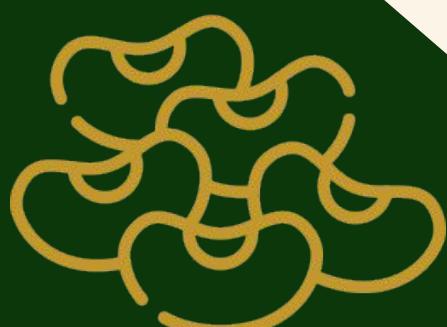
★ Pigeon Peas *Cajanus Cajan (L.) Millsp*

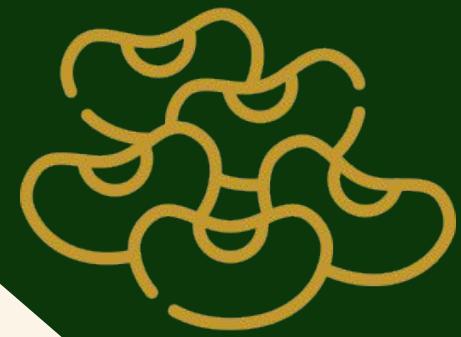
Pigeon peas are highly nutritious. It is a good source of protein, fiber, vitamin C and B, including folate and thiamine. Also contain essential minerals as: iron, manganese, potassium and phosphorus



Sizes:

- ❖ Standard





★ Green Mung Beans

Vigna Radiata L.

Mung beans contain many healthy antioxidants, good source of protein and dietary fiber, low in fat and calories.

It is a great source of nutrients, including manganese, potassium, magnesium, folate, cooper, zinc and B vitamins.



★ Val Beans *Lablab Purpureus*

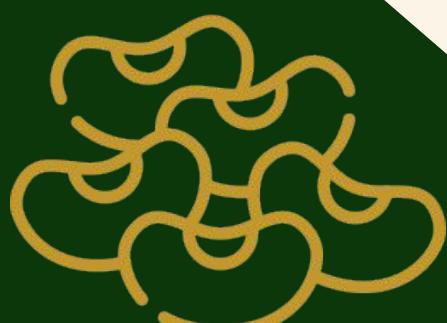
(L.)Sweet.

Val beans are a very rich source of proteins, fiber, iron and vitamins



Sizes:

❖ Standard





★ **Ginger** *Zingiber officinale*

Ginger is an important source of minerals such as manganese, iron, magnesium, zinc, potassium, phosphorus and calcium. It also provides vitamins such as vitamin C, B3, B6, B1, B2, B9 and vitamin E



Presentation:

- ❖ Dry Ginger Slices
- ❖ Ginger powder

★ **Oregano** *Origanum Vulgare*.

Oregano contains high amounts of volatile oils. Rich in antioxidants which helps to neutralize free radicals. It is a great source of fiber and Vitamin A, E, C and K. contains high content of folate, iron, calcium, magnesium and Vitamin B6.

Presentation:

- ❖ Dry leaves
- ❖ Powder





★ **Turmeric *Curcuma Lunga***

Turmeric contains three naturally occurring phytochemicals called curcuminoids, the most notable and researched of which is curcumin (a natural antioxidant that has anti-inflammatory properties). The spice has been used for its medicinal, antioxidant, and anti-inflammatory properties



Presentation:

- ❖ Dry root
- ❖ Powder

★ **Dry Mushroom *Boletus Luteus*.**

It is high in essential minerals and is a good source of potassium, phosphorus, selenium, vitamins B2 and B3.

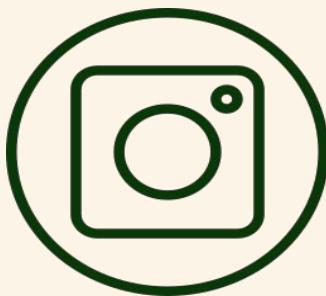
Presentation:

- ❖ Dry Slices
- ❖ Peeled





www.granoperu.com



Contact us



Calle Dos de Mayo 516 Of. 201 , Miraflores
Lima, Peru



superfoods@granoperu.com



+51 940 652 321