100% INTEGRAL KEEPING ALL NATURAL NUTRIENTS





BEETROOT & COCOA SMOOTHIE

This powerful Smoothie is formed for a combination of super elements that delivered energy for fast consume, with praticity and fagcility in your prepare before training. When consumed in the final process of digestion of Beet, produces nitric acid, increased the muscle oxygenation during the exercise.



RAW ORGANIC SMOOTHIE

A combination of potato and vacon how a excelent way of low glycemic index sugar combined with red fruits.

This combination of super foods they deliver fast utilization energy, allied with carboidrats that be consumed slowler, delivering energy in all pratice of the exercise.

PALMISTE COCO NUT OIL



POS TRAINING VITAMINS



DURING

BEFORE

TRAINING

PALATINOSE **POWDER 500G**

Produced through of Beet Sugar, this funcional carbo is libered slowly in the organism. Glycemic Index of 32. Powdered version ideal to potencialize your isotonic. Fastest to be consumed, pratic and sustentable.

PALATINOSE BOX

Produced through of Beet Sugar, this funcional carbo is libered slowly in the organism. Glycemic Index of 32. Gel version strategically thought for your mini bottle. Fastest to be consumed, pratic and sustentable. Contains 30 sachets of Palatinose gel in the Pineapple, Strawberry or Vanilla flavors.

PALATINOSE GEL REFILL 900ML

Produced through of Beet Sugar, this funcional carbo is libered slowly in the organism. Glycemic Index of 32. Gel version strategically thought for your mini bottle. Fastest to be consumed, pratic and sustentable. Contains 900ml of Palatinose gel in the Pineapple, Strawberry or Vanilla flavors.



RED FRUITS SMOOTHIE

This formulation contains ingredients responsable to prepare, strenathen and desintocate our linfatic channel, governing a way to a good immunity.

Rich in carbos, this pre-workout contributes for a fast recovery besides performing a great proteins reposition.



AÇAFRÃO N ACETIL **CISTEÍNA BLEND**

500 MG 60 VEGETABLE CAPSULES

NAC N-ACETIL **CISTEÍNA** 500 MG 120 VEGETABLE CAPSULES



GHEE BUTTER









AÇAÍ & BANANA **SMOOTHIE**

Devolepd for you that dont want to stay without your dailly heath dosis, this smoothie has simple ingredients but they deliver immediate results resetting nutrients and proteins.

Helps in rest and the quick recovery of Athlete, because the antoxidants of Açaí contributes to a fast recovery after workout. Also indicated for the rest days.

LEARN MORE CONSULTING OUR WEBSITE: alguimiadasaude.com





COENZIME Q10



300 MG 30 VEGETABLI CAPSULES

AYURVEDIC DIGESTIVE



600 MG 60 VEGETABLE CAPSULES