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Catalogue

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**Raw and Natural Honey**



## What is it?

Honey is produced by Africanized bees, usually from the nectar on which they feed. The main components of honey are water, glucose and fructose. It also contains calcium, iron, vitamins B, C and D and antioxidants, among other nutrients.

## Benefits

1. Regulates blood sugar
2. Reduces metabolic stress
3. Promotes a restful sleep
4. Improves brain function
5. Eliminates skin problems
6. Minimize allergies
7. Prevents infection in burns or minor injuries
8. It is ideal to stimulate the immune system by its antibacterial and antifungal properties

## Applications

Honey is a naturally sweet product with infinite antibacterial properties. Its uses are innumerable. It is ideal for sweetening beverages, preparing desserts and foods, allowing you to flavor your food and enjoy its wide benefits. You can also use it on your skin and hair.

Our Biibii honey is natural and raw, our facilities are ISO 9001: 2015 and HACCP certified, with the aim of guaranteeing innocuousness in the packaging process.

## Packing

6 ounces (250 g) and 12 ounces (500 g)



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**Bee Pollen**



## What is it?

It is a natural product derived from the hive that bees extract from the flowers to eat, but first it receives a natural treatment by these insects in which they mix it with honey, kneading it with their paws to form a pollen grain.

## Benefits

1. Strengthens the immune system
2. Reduce fatigue
3. It stimulates the appetite
4. It increases the production of red blood cells
5. It is indicated for states of anxiety, irritability and nervousness, among other disorders
6. The consumption of pollen could help to fight the inflammations that are generated in the prostate

## Applications

Our biibii pollen can be used in natural smoothies, salads or eat a teaspoon in the morning, allowing it to dissolve in the mouth.



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**Cremiel**



## What is it?

It is a product based on honey, which goes through a whipping process that reduces the natural itching of honey, thus achieving a creamy consistency, ideal for spreading.

## Benefits

This product has the same benefits of natural honey, because its composition is not altered.

## Packing

Glass: Net weight: 292 g / Packaging per box: 12 pcs  
Glass: Net weight: 240 g / Packaging per box: 20 pcs

## Applications

Ideal to spread on bread, cookies.



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**Cocoa Cremiel / Chocomiel**



## What is it?

Cocoa Cremiel and Chocomiel are products based on honey and 100% Nicaraguan natural cocoa bean, under the brand biibii. The difference between these two products is their consistency. Our Cocoa Cremiel has a creamy texture. On the other hand, Chocomiel has a liquid consistency similar to syrups.

## Benefits

This product has the same benefits of natural honey, adding the benefits of natural cocoa bean as:

1. High content of antioxidants, almost similar to green tea or red wine.
2. Relieves stress thanks to theobromine that stimulates the central nervous system, is softer than caffeine and its effect is longer.

## Packing

Glass: Net weight: 292 g / Packaging per box: 12 pcs  
Glass: Net weight: 240 g / Packaging per box: 20 pcs

## Applications

Ideal to spread or to pour on bread, toast, pancakes, fruits, desserts and milk-based drinks.





# Cardamom & Cinnamon Cremiel



## What is it?

Product based on 100% natural honey, cinnamon and cardamom.

## Benefits

Provides the antioxidant benefits of honey. It also includes the benefits of cardamom and cinnamon, such as:

1. It has a rich source of cineole (a natural antiseptic component) that helps to eliminate the bacteria that cause bad breath.
2. Cardamom helps prevent cavities.
3. Cardamom helps improve respiratory health. Relieves symptoms and clears the airways.
4. Cardamom stimulates the nervous system.
5. Cardamom helps in the process of detoxification of the organism.
6. Cinnamon decreases heartburn.
7. Cinnamon helps to reduce cholesterol levels and therefore prevents heart problems and arteriosclerosis.
8. Cinnamon helps to regulate the intestinal rhythm, so it is possible to use it as an antidiarrheal as well as to treat irritable bowel problems.
9. Cinnamon stimulates metabolism, helping with weight loss.

## Applications

Ideal to spread on white bread or simple cookies, or taste it in tablespoons.

## Packing

Glass: Net weight: 292 g / Packaging per box: 12 pcs

Glass: Net weight: 240 g / Packaging per box: 20 pcs



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**Honey with Ginger**



## What is it?

It is a natural combination of ginger and honey, with a gelatinous texture, the honey is fused with the fine layers of ginger, to create an innovative product in our culture. However, it is one of the forms of consumption in Asian countries.

## Benefits

The mixture of honey and ginger, has been used since ancient times for the treatment of various diseases, it is used as a natural remedy that offers a sweet and spicy taste, as pleasant as it is effective. It acts as a powerful natural expectorant, which provides great relief to the person suffering from cough, sore throat or runny nose.

Ginger and honey immediately relieve digestive discomfort, in addition to help the body to digest food and to increase circulation, relaxing the muscles and blood vessels of affected areas.

They are powerful antiseptics that relieve inflammation and contribute to the treatment of tumors.  
Ginger accelerates metabolism, helping with weight loss.

## Applications

Heat a cup of water, add two tablespoons of honey ginger and mix well. Or you can consume a spoonful each time you want it as a dessert.

## Packing

Glass: Net weight: 300 g / Packaging per box: 12 pcs

Glass: Net weight: 250 g / Packaging per box: 20 pcs





## Honey with **Moringa and Chia**



## What is it?

Infusion of the moringa leaf in honey with the incorporation of chia seeds. This mixture is aimed at improving health. Chia and Moringa are considered a super food and each day they gain popularity because of their highly nutritious profile and their many benefits.

## Benefits of Chia

- Unusually high content (18%) of omega-3 fatty acids, essential fats that are important for heart health and brain function.
- Chia fiber is taller than flax seed or sesame seeds.
- Excellent source of protein and high in calcium.
- Source of important minerals such as iron, magnesium and zinc.
- Gluten free.

## Benefits of Moringa

- It has anti-inflammatory, antioxidant and tissue protection properties.
- Contains significant amounts of vitamin A, C and E; calcium, potassium
- Reduces lipid and glucose levels. Reduces oxidative stress in diabetic patients, which means it reduces blood sugar and cholesterol.

## Applications

You can take 2 to 3 tablespoons daily, after 2 months of taking rest 15 days. You can also enjoy it by accompanying it with your favorite bread.

## Packing

Glass: Net weight: 300 g / Packaging per box: 12 pcs  
Glass: Net weight: 250 g / Packaging per box: 20 pcs



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**Honey** with **Chili**



## What is it?

It is a mixture of our delicious honey and habanero type chili. Which has an exquisite, slightly spicy flavor combined with the sweet taste of honey.

## Benefits

It has the beneficial properties of honey and adding the habanero chili, this brings other more, such as:

1. Excellent source of vitamin A, has twice as much vitamin C as citrus fruits and strengthens the immune system.
2. It has a high concentration of beta-carotene and antioxidant flavanoids that slow down aging.
3. It helps to relieve arthritis.
4. Lowers blood cholesterol.
5. Chili stimulates the metabolism, contributing to the burning of body fat.

## Applications

Honey with chili is a sauce that can be combined with any type of meat, whether steak, chops or ribs and with birds such as chicken or turkey. It can also be served with cheeses in the form of snacks.

## Packing

Glass: Net weight: 300 g / Packaging per box: 12 pcs  
Plastic: Net weight: 350 g / Packaging per box: 28 pcs





Honey BBQ Sauces,  
**with and without Chili**



## What is it?

Sauces barbecues with honey, one is without chili and the other with a touch of habanero type chili, enough spicy to exploit the flavor of each meal.

## Applications

Ideal to accompany red meats and white meats.

## Packing

Glass: Net weight: 260 g / Packaging per box: 12 pcs

Plastic: Net weight: 300 g / Packaging per box: 28 pcs



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BBQ sauce  
**with honey**



## What is it?

BBQ sauce based on honey with other ingredients and spices that make a perfect sauce. BBQ sauce with chili also enjoys other ingredients and properties, but as a second main ingredient, chili.

## Benefits

It has the beneficial properties of honey and adding the habanero chili, this brings other more, such as:

1. Excellent source of vitamin A, has twice as much vitamin C as citrus fruits and strengthens the immune system.
2. It has a high concentration of beta-carotene and antioxidant flavanoids that slow down aging.
3. It helps to relieve arthritis.
4. Lowers blood cholesterol.
5. Chili stimulates the metabolism, contributing to the burning of body fat.

## Applications

Ideal to accompany grilled beef, pork and poultry.

## Packing

Glass: Net weight: 260 g / Packaging per box: 12 pcs

Plastic: Net weight: 300 g / Packaging per box: 28 pcs



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Oatmeal  
**with honey soap**



## What is it?

Soap of vegetable origin with bee wax, honey and natural oats.

## Benefits

Hydration and nutrition for all skin types, recommended especially for sensitive and atopic skin. Gentle scrub removes dead cells and impurities such as pimples absorbing all the dirt and makeup residues that accumulates in pores.

## Applications

Use it in face and body. For all skin types.



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Argan Oil  
**with Honey Soap**



## What is it?

Soap made of 100% natural ingredients, does not contain sulphates and is especially recommended for sensitive skin.

## Benefits

Rich in vitamin E, beneficial for the skin to maintain its natural hydration for hours. It is a regenerator and an effective anti-age. Prevents stretch marks and relaxes the skin.

## Applications

Use it in face and body. Dry or mixed skin.



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