

# amazon

## Frutas



amazonfrutas.pt



alf importações



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 [www.amazonfrutas.pt](http://www.amazonfrutas.pt)

### ABOUT US

We are a company dedicated to the commercialization and exportation of fresh fruits.

### MISSION

Our mission is to be a better business partner on the category of fresh fruits. Integrity and honesty are the core in our relationship with our customer, so that we can maintain a long business partnership.

### STRONG POINT

THE AMAZON FRUITS is a premium brand that adds up the full potencial of the brazilian fruits to the global Market, with unique flavors.

Os parâmetros de nossos objetivos são representados da seguinte forma:

- ✂ **Quality**
- ✂ **Professionalism**
- ✂ **Reliability**
- ✂ **Cost-benefit**

Our fruits are obtained directly from the farmers, which enables us to offer our customers the best quality and competitive price..

Currently, our company supplies high quality and fresh fruits to hotels, restaurants, wholesales, supermarkets, retailers and wholesalers

The fruits from our brand are present in the national Market and international Market, especially in europe

### VISION

We are continually aiming to enhance the quality of our products as well as to offer a different variety and expand their exportation.

### VALUES

#### **Passion**

Our concern is to offer excellence and we are determined to reach our goals.

#### **Quality**

We are continually giving our best to offer the best product and service through high quality frutas.

#### **Team Work**

In our business, all the work matters, for that reason we value each person and their job, as well as we value ours.

#### **Customer service:**

On this matter we aim to add value and offer new ideas to our customers.

## PITAYA DRAGON FRUIT



It is an exotic fruit, that grows on a cactus plant and is native to Central America. Its exuberance and tastiness do not leave behind the fact that it is very rich in nutrients and minerals that are essential to your health. It became very dear on diets due its low sugar level.

The harvest season is January to December.

### BENEFITS



The iron and niacin found in it, help the normal functioning of the metabolism, the production of strength and reduction of tiredness and fatigue. On its composition is found iron and vitamin B3 which makes it help on the psychological area and the functioning of the nervous system.

Niacin helps in the maintenance of a normal and healthy skin. The iron found in the dragon fruit, is a mineral that contributes to the regular production of red blood cells and hemoglobin, resulting in the transportation of oxygen through the organism. The fruit also helps on a normal functioning of the immunological system because of the iron that is present in it.

### TIPS



The dragon fruit can be eaten in a variety of ways, either fresh or using it in different recipes as in:

- ✦ Juices
- ✦ Ice Cream
- ✦ Salads
- ✦ Desserts



## MANGOSTIN

### The Queen fruit



Native to the tropical region of southwest Asia. It arrived in Brazil in 1940, and started being cultivated in the North region of Brazil called Pará. Mangosteen owns a very sweet, smooth and juicy taste. Its rigid dark purple rind, surrounds a delicious snow white colored pulp. The edible pulp contains about five to six white triangular segments, that can either be seedless or can have a number of seeds.

It has a sugar level of around 16% and contains volatile compounds that contributes to its flowered fragrance and tropical sweet flavor with taste notes of caramel and butter. Ripen fruits are soft and easily peeled.

The harvest season months are from December to March.

## BENEFITS



- Fights overall allergies.
- It is a powerful antioxidant.
- Protects the cardiovascular health.
- Treats diabetes type II.
- Provides energy and vitality, helps lose weight, among others.

## TIPS



When picking the mangosteens, the most tasteful ones are the one with a green stick and soft rind. Other than the fresh form, mangosteen can be consume in desserts, ice creams, fruit salads and juices.



## RAMBUTAN

The delicacy from the Pacific



This is native to the Malay Archipelago, and is very well known throughout Asia. It derives from the Sapindaceae family which belongs the Lychee fruit and Guarana. It is a champion fruit due its ease to be eaten and by its wonderful taste. In malay, rambutan means “hairy” because off its hairy skin. Its skin peels of very easily without the need to use any utensil. Its pulp is white, thick and very delicious.

This fruit, as well as the mangosteen, adapted really well to our region due the weather conditions. Our production is also located North of Brazil.

The harvest season is from December to March.

### BENEFITS



Rambutan is rich in vitamin C.

It also contains ellagic acids and catechine xanthan, that help maintain arteries health and fight infeccctions. The alkaloids present in it help on the reduction of triglycerides, avoiding cardiovascular issues.

It contains antioxidant, antifungal, antiseptic and anticancer properties.

### TIPS



Rambutan is usually eaten on its fresh form, its pulp is great to make juice and creams.

Another way of eating it is in beverages.





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