





Peruvian Andean Grains

Peruvian andean grains are some of the most protein and fiber rich grains known to mankind. They include Quinoa, Amaranth, Kaniwa and several others. The amazing properties of the Peruvian Andean Grains were the main reason of their consumption during the Inca Civilization and until know they are well recognized because of their exceptional balance of proteins, fat, and starch, as well as their high amount of essential amino acids and nutraceutical properties.





Organic

Quinoa / Amaranth / Kaniwa

Chenopodium Quinoa / Amaranthus Caudatus / Chenopodium Pallidicaule

- •Quinoa is the only grain that contains all of the nine essential amino acids for human nutrition.
- •High source of iron; supports blood cells production.
- •High source of lysine; good for brain functioning & development.
- •High source of flavonoids; powerful antioxidant!!
- •Rich in dietary fiber; improves blood sugar control.

Flakes



Flour



Puffs

Organic Chia

Salvia Hispánica

- •Rich source of Omega-3s; reduces LDL cholesterol and triglycerides levels. Great for heart health!
- •High in Fibre; it has the ability to absorb 10-12 times their weight in water, becoming gel-like and giving a sense of fullness.
- •High source of antioxidants!
- •High source of Calcium, Magnesium and Phosphorus.



Colours of Quinoa







Peruvian Superfoods

Thousands of years ago, the fusion of the land and the peruvian andean wisdom created a special harvest. Its products were the result of a vast biodiversity and an exceptional ancient innovation. Now, these foods are part of what today the world calls "Superfoods". Natural, healthy, nutritious and full of energy.





DEVELOPING HEALTHY OPPORTUNITIES

Purified Organic Tara Germ

Caesalpinia spinosa

Benefits

- •The purified Tara Germ is a organic protein flour of vegetable origin with approximately 46% of protein composed by an impressive amino acid quality.
- •It is obtained from a thermo-mechanical process, starting from seed extraction, baking and shelling to obtain the germ and then, following a cyclonic separation method, the shell and endosperm are separated for the germ. And finally, we follow a physico-mechanical process such as selection, grinding and sieving to obtain the Purified Tara Germ.
- Helps muscle growth
- Prevents anemia and strengthens the immune system.
- Special for developing high protein supplements, Bakery Products, Energy and Protein Bars.



Powder

Organic Tara Gum

- •It is highly hydrophilic, retains large amounts of water.
- •Interactivity with other hydrocolloids (carrageenan, xanthan gum and agar). This creates a synergy and depending on what type of binding can be observed effects on consistency and flexibility, high stability to freezing and thawing, reduced gel syneresis with improved mechanical properties.
- Stability at pH> 3, unstable in strong acids.
- In the food industry gives a better texture and consistency to food.
- Applications: Ice Cream, Meat Based Products, Diary Products, Bakery, Beverages, Gluten Free Products, Jams and Jellies, Organic products.



Powder



Organic Lucuma

Pouteria Lucuma

Benefits

- Provides carbohydrates, vitamins, and minerals to the diet.
- Rich in beta-carotene, an antioxidant that delays the aging process.
- Reduces the possibility of heart attacks.
- Prevents anemia and strengthens the immune system.



Powder/Flour

Organic Sacha Inchi

Plukenetia Volubilis

- •Helps to counteract problems related to irritable bowel syndrome and fatty liver.
- Benefits the reduction of bad cholesterol in the blood (LDL) and stimulates the increase of good cholesterol (HDL).
- Regulates the arterial pressure, preventing arterial thrombosis and myocardial infarction.
- Reduces triglycerides, improving the blood flow.



Powder/Flour





Purple Corn Zea mays L var.

Benefits

- Anthocyanin is considered a natural antioxidant which delays cell aging.
- Its consumption contributes reducing arterial pressure.
- Anticarcinogenic properties for colon and rectum cancer.
- Protects the ocular retina.
- Helps control diabetes.
- Diminishes the capillary permeability, improving its resistance.
- Benefits for cardiovascular health, improving circulation.



Powder/Flour

Yacon

Smallanthus Sonchifolius

- Excellent for hypocaloric diets and for diabetic patients.
- It has anti-diabetic properties.
- Reduces risk of osteoporosis.
- It is use as a no-calorie sweetener.
- Its daily use diminishes triglycerides levels in the blood.
- Relieves gastrointestinal problems











Organic Algarroba / Mesquite

Prosopis Pallida.

Benefits

- •Is a natural energizer. It contains carbohydrates and soluble fiber that makes our metabolism fluid.
- •It contributes to the intestinal flora, reducing the bacterial amount and increasing the lactobacilli, that helps in the restoration of the intestinal flora.



Powder

Organic Camu Camu Myrciaria Dubia

- •A fresh Camu Camu contains up to 4% DV of vitamin C, while the lemon can reach only 0.5%.
- Camu Camu has great antioxidant and antiinflammatory properties.
- •The Camu Camu fruit is an excellent source of calcium, phosphorus, potassium, iron, a series of amino acids such as serine, valine and leucine and small amounts of vitamins such as thiamin, riboflavin and niacin. It is regarded as very rich in vitamin C, considerably exceeding orange and other citrus fruits.



Powder/Flour





DEVELOPING HEALTHY OPPORTUNITIES

Organic Turmeric

Curcuma Longa

Benefits

- Our Peruvian Organic Turmeric contains 3.97% of curcumin, greater proportion than turmeric from other countries.
- Natural Anti-Inflammatory Compound.
- Turmeric dramatically increases the antioxidant capacity of the body.
- Curcumin boosts brain-derived neurotrophic factor.

Powder



Fresh/ Dehydrated Fingers



Organic Ginger

Zinziber officinale

- Gingerol is the main bioactive compound in ginger, responsible for much of its medicinal properties. It has powerful anti-inflammatory and antioxidant effects.
- Ginger May Drastically Lower Blood Sugars and Improve Heart Disease Risk Factors.
- Ginger Can Help Treat Chronic Indigestion
- Ginger Powder May Significantly Reduce Menstrual Pain.
- Ginger May Lower Cholesterol Levels.
- Ginger Contains a Substance That May Help Prevent Cancer.
 The anti-cancer properties are attributed to 6-gingerol, a substance that is found in large amounts in raw ginger.







Organic Maca (Yellow, Red or Black)

Lepidium Meyenii.

Benefits

Is considered one of the world's natural "super foods." Maca is a root with high nutritional values and a series of physical benefits due to its content of vitamins, minerals, amino acids and plant sterols, including vitamins B1, B2, C, D, E, iron, potassium, copper, magnesium, selenium, phosphorus and calcium. It is very rich in fiber and a good source of vegetal protein, fatty acids, containing 4 unique alkaloids (Macaina 1, 2, 3 and 4).

Another unique fact about maca root is that is considered a very powerful and natural body energizer.

Includes a positive effect on hormone balance, energy levels, and a health, antioxidant .

Maca root powder is composed by approximately 18% protein, 76.5% carbohydrates, 5% fat, and 8.5% fiber.

Maca provides a powerful source of nutrition, including:

- •Over 20 amino acids, including 8 essential amino acids
- •20 free-form fatty acids (such as lauric, linolenic, palmitic acid, oleic and steric acid)
- Vitamins B-1, B-2, C and ECalcium Magnesium Potassium
 Copper Zinc Manganese Phosphorus Selenium
- •Sulphur Sodium Iron

Maca is also a rich source of phytonutrients.



Raw or Gelatinized Powder





Organic Cocoa Products

Theobroma Cacao L.

Cocoa, one of nature's many miracles, is in fact the great super-food that many people seek. Cocoa makes other so-called super-fruits pale in comparison. Cocoa is a titan of health benefits, the likes of which humanity has never known. Cocoa is all of that. Cocoa is right out in the open, more protective than any other food, and more powerful than any medicine ever devised.





Organic Cacao Nibs

Is the result of beans being peeled and cut in a raw condition, without the need of heat.



Cacao Liquor

Is obtained by a friction and heat process out from 100% selected raw cacao beans.





Organic Cacao Butter

The pressing machine extracts a shiny transparent product that is very viscous.



Organic Cacao Powder





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